

RELIGIOUS EDUCATION - GRADE FIVE

# OUR CATHOLIC FAITH

WE LIVE

AND WORK

WITH

JESUS

RELIGIOUS EDUCATION - GRADE FIVE

Nihil Obstat:

Fr. John McCarthy SVD

Imprimatur:

Rev. Bishop Gerard J. Deschamps SMM

Prepared by:

Commission for Christian Education
 Papua New Guinea and Solomon Islands

 Ms Genevieve Buehler, CEC Madang

• Teachers of Catholic Schools in Madang

Christian Education Coordinators

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Sr. Ehrentrude Pretzl SSpS, Coordinator

### 1. WE START A NEW SCHOOL YEAR

"Then Jesus went up a hill and called to himself the men he wanted. They came to him, and he chose twelve, whom he named apostles. "I have chosen you to be with me," he told them. "Mk 3:13 14.



#### Song:

As a Teacher or a Preacher......As a student in our school...

# 2. JESUS SAID, "I AM THE WAY, THE TRUTH, AND THE LIFE."

At the beginning of the new school year we want to look at Jesus who is the way, the truth and the life. We want to put all our trust in Jesus who will help us on our way.

Jesus said,

"You know the way that leads to the place where I am going."

Thomas said to him, "Lord, we do not know where you are going; so how can we know the way to get there?"

Jesus answered him, "I am the way, the truth, and the life; no one goes to the Father except by me. Now that you have known me, you will know my Father also, and from now on you do know him and you have seen him." John 14:4-7



"I am the way, the truth, and the life."

Jesus is walking with us. He himself teaches us the truth. We will continue to receive life from Him until we reach our Heavenly Father's Home.

#### Song:

I have decided to follow Jesus. (3x)

No turning back. (2x) If no one joins me,

still I will follow. (3x)

No turning back (Ox)

No turning back. (2x)

The world behind me,

the cross before me. (3x)

No turning back. (2x)

Take the whole world,

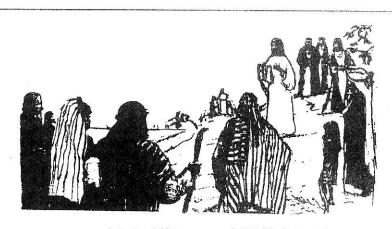
but give me Jesus. (3x)

No turning back. (2x)

I must look at Jesus, pray and ask Him for direction, because there is no other way to come to the Father.

### 3. JESUS SHOWS US THE WAY TO HEAVEN THROUGH HIS TEACHING IN THE BIBLE

THE SERMON ON THE MOUNTAIN



Jesus said.

"Happy are those who know they are spiritually poor, the Kingdom of heaven belongs to them! Happy are those who mourn; God will comfort them! Happy are those who are humble; they will receive what God has promised! Happy are those whose greatest Happy are you when people desire is to do what God requires; God will satisfy them fully! Happy are those who are

merciful to others; God will be

merciful to them!

Happy are the pure in heart: they will see God! Happy are those who work for peace; God will call them his children! Happy are those who are persecuted because they do what God requires; the Kingdom of heaven belongs to them! insult you and persecute you and tell all kinds of lies against you because you are my followers. Be happy and glad, for a great reward is kept for you in heaven." Mt. 5: 312

Who are the people Jesus said, could be happy? What did Jesus say, they would receive?

### 4. IN THE FOUR GOSPELS WE FIND THE GOOD NEWS ABOUT JESUS CHRIST IN THE FOUR GOSPELS WE FIND THE GOOD NEWS ABOUT JESUS CHRIST.

#### Mt 1:1-4

This is the list of the ancestors of Jesus Christ, a descendant of David, who was a descendant of Abraham. From Abraham to King David, the following ancestors are listed: Abraham, Isaac, Jacob, Judah.....

Luke:1:1-2,4

Many people have done their best to write a report of the things that have taken place among us. They wrote what we have been told by those who saw these things from the beginning and who proclaimed the message..... I do this so that you will know the full truth about everything which you have been taught

#### Mark 1:1-3

This is the Good News about Jesus Christ, the son of God. It began as the prophet Isaiah had written: "God said, 'I will send my messenger ahead of you to clear the way for you. Someone is shouting in the desert, get the road ready for the Lord......"

#### John 1:1-5

In the beginning the Word already existed; the word was with God, and the Word was God. From the very beginning the Word was with God. Through him God made all things; not one thing in all Creation was made without him. The word was the source of life, and this life brought light to people. The light shines in the darkness, and the darkness has never put it out.

Each of the four Evangelists or Gospel writers, wanted to tell the Good News of Jesus Christ. Each Evangelist told the Good News in his own way and in his own style. Each wrote about the events he thought were important. The evangelists did not write every word of Jesus and they did not write about everything Jesus did.

\*\*They wrote about the things that \*\*They wrote about the things they wrote about the they wrote about the things they wrote about the things they wrote about the things they wrote about the they wrote about the things they wrote about the they wrote about the they wrote about the things they wrote about the they w

They wrote about the things that would help us
to know and believe in Jesus

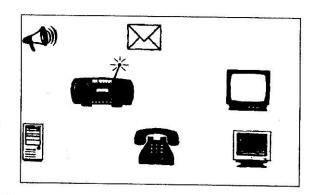
#### Song:

Open our ears to your Word, Lord. Open our minds to understand. Open our hearts to the love of your truth and to live out your word as best we can.

# 5. THE ACTS OF THE APOSTLES TELL HOW THE GOOD NEWS SPREAD.

Jesus brought the Good News to us. In his Gospel, Luke wrote about all the things that Jesus did and taught.

In the 'Acts of the Apostles' he tells us how the early followers of Jesus, led by the Holy Spirit, spread the Good News.



We have many different ways of hearing and spreading news. If something happens in other places, we will soon hear the news about it.

Acts 8:4-6a:
The believers who were scattered went everywhere, preaching the message. Philip went to the main city in Samaria and preached the Messiah to the people there. The crowds paid close attention to what Philip said.

Acts 9:32;
Peter travelled everywhere, and on one occasian he went to visit God's people in Lydda.

Acts 14:1:

The same thing happened in Ikonium: Paul and Barnabas went to the synagogue and spoke in such a way that a great number of fews and Gentilues became believers.

🕬 Song: 🕬

Go tell it on the mountains, over the hills and everywhere Go tell it on the mountains that Jesus Christ is Lord.

# 6. THE LETTERS OF THE APOSTLES INSTRUCT AND ENCOURAGE CHRISTIANS

Jude 1: 1-4a.

"From Jude, servant of Jesus Christ, and brother of James – to those who have been called by God, who live in the love of God the Father and the protection of Jesus Christ: May mercy, peace, and love be yours in full measure.

My dear friends, I was doing my best to write to you about the salvation we share in common, when I felt the need to write at once to encourage you to fight on for the faith which once and for all God has given to his people. For some godless people have slipped in unnoticed among us, people who distort the message about the grace of our God in order to excuse their immoral ways, and who reject Jesus Christ, our only Master and Lord."

- 1. Why did Jude write this letter?
- 2. Why did these Christians need encouragement?
- 3. Does Jude's letter have any meaning for us today?

There are 21 letters in the New Testament. Thirteen of these were written by Paul. Other letters were written by Peter, James, John and Jude. The Apostles wrote letters and sent them to all the Christian communities. They wanted to strengthen the faith of the Christians and tell them about the things they must do to follow the will of Jesus Christ.



Now the Church still uses the letters of the apostles and many times they are read during Mass. The message in the letters is still relevant to the problems we face in the Church today.

During Lent and other special times of the year, our bishop sends letters to the people in the parishes. These letters encourage the people in what they should do during the season or on a special occasion. When the bishops write these pastoral Letters, they continue to do what the Apostles did for the early Christians.

I will take notice of the readings of letters of the apostles on Sundays and pray for my parish community.

# 7. THE BOOK OF REVELATION IS A BOOK OF ENCOURAGEMENT

Revelation 7: 13-15

One of the elders asked me, "Who are these people dressed in white robes, and where do they come from?" "I don't know, sir. You do," I answered.

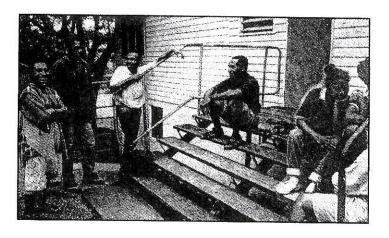
He said to me, "These are the people who have come safely through the terrible persecution. They have washed their robes and made them white with the blood of the Lamb. That is why they stand before God's throne and serve him day and night in his temple. He who sits on the throne will protect them with his presence."

Who are the people John saw? Where are they? Why are they here? What will God do for them?

John wrote the Book of Revelation to give strength and hope to the early Christians. He wanted to encourage them not to be afraid or worried during the times of suffering and persecution.

#### The message of the book of Revelation is:

Jesus won the victory over Satan and all God's enemies will be defeated. The faithful people will be happy with God and all their worries and sufferings will be finished.



# 8. IN THE LITURGY THE CHURCH READS AND EXPLAINS THE BIBLE TO US

Matthew 13: 10-11, 18:

The disciples came to Jesus and asked him. "Why do you use parables when you talk to the people?" Jesus answered, "The knowledge about the secrets of the Kingdom of heaven has been given to you, but not to them...... Listen then and learn what the parable of the sower means......"

Jesus explains the message to the apostles.

The Church explains the message to us.



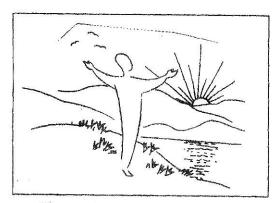


We must go to Mass and hear the word of God. This will help us to live as a follower of Jesus and do what he wants us to do.

1.Jesus told the		, God let
them	the	of the
	of Heaven.	17.
2 .Every S	Sunday the Churc	:h
and	the Word of G	od to us.

### · · · 9. GOD - THE ONE TRUE GOD

In the past, people have always believed in gods.
They believed these gods had power to do good or to harm them.
They worshipped them to win their favour.
People on their own could not know the truth about God.
In his goodness, God revealed himself.



"I, and I alone am God; there is no other God but me."

Deut. 32: 39

- I AM THE JIRST, THE LAST, THE ONLY GOD: THERE IS NO OTHER GOD BUT ME. (%. 44.6)

"I am the one who made the earth and created human beings to live there. By my power I stretched out the heavens; I control the sun, the moon, and the stars." Is. 45:12

#### Catechism:

What did God say about himsel?

GOD SAID, "I AM THE FIRST, THE LAST, THE ONLY GOD; THERE IS NO OTHER GOD BUT ME." Is, 44:6

### 10. JESUS REVEALS THE MYSTERY OF THE TRINITY

"No one has ever seen God. The only Son, who is the same as God and is at the Father's side, he has made him known." In 1:18

"Let us give thanks to the God and Father of our Lord Jesus Christ! Because of his great mercy he gave us new life by raising Jesus Christ from death." 1 Pt 1:3a

"Let us give thanks to the God and Father of our Lord Jesus Christ, the merciful Father, the God from whom all help comes."

2 Cor 1:3

"We always give thanks to God, the Father of our Lord Jesus Christ, when we pray for you." Col 1:3

"Let us give thanks to the God and Father of our Lord Jesus Christ!" Eph 1:3a.

"The Helper, the Holy Spirit, whom the Father will send in my name, will teach you everything and make you remember all that I have told you." Jn 14:26

"The Helper will come – the Spirit, who reveals the truth about God and who comes from the Father. I will send him to you from the Father, and he will speak about me." In 15:26.

May the blessing of God be upon you, the blessing of the Father and the Sou. And may the Spirit of God, the Spirit of Love be with you all your days.



»»

#### Catechism:

What is the name we give to the Father, Son and Holy Spirit?
THE NAME WE GIVE TO THE FATHER, SON AND HOLY SPIRIT IS 'THE TRINITY'.

### 11. WE SHARE IN THE LIFE OF THE TRINITY



The Life of fullness and joy that Jesus is talking about is the life that comes to us from the **TRINITY**.

It is the life that begins at Baptism.
It grows to fullness as we come to know and love the Father, Son and Holy Spirit.

"I have told you this so that my joy may be in you and that your joy may be complete." John 15:11
John 15:11

"Eternal life means knowing you, the only true God, and knowing Jesus Christ whom you sent." John 17:3

Can you think of someone who lives this fullness of life? If it is possible for these people, then it is also possible for us.

# IT IS THROUGH PRAYER AND THE WAY WE LIVE THAT WE COME TO THIS FULLNESS OF LIFE.



#### Song:

If the Spirit of God lives in you, sing to the Lord. Praise him for his goodness, deep in the Spirit your song. I will play for him. Joy-filled is my song. My life is my melody, to him I belong.

If the Spirit of God.....

# 12. WE ARE BAPTIZED IN THE NAME OF THE FATHER, THE SON, AND THE HOLY SPIRIT

Baptize them in the name of the Father, the Son, and the Holy Spirit. Mt. 28:19b

Jesus wants all people throughout the world to share in the life of the Father, Son and the Holy Spirit. Before Jesus left his disciples and returned to the Father, he made it clear to the apostles, how we can share this life. This life begins for each of us in baptism.

When we receive the Sacrament of Baptism, God receives us into his Kingdom. 'YOU ARE MY CHILD. I LOVE YOU SO MUCH.'

#### Song:

Father, I adore you. Lay my life before you. How I love you.Jesus......Spirit......



WHEN I TAKE HOLY WATER AND MAKE THE SIGN OF THE CROSS, I REMEMBER MY BAPTISM AND REALIZE THAT I SHARE IN THE LIFE OF THE TRINITY.

### 13. GOD CREATED MANY GOOD THINGS

"You make springs flow in the valleys, and rivers run between the hills. They provide water for the wild animals; there the wild donkeys quench their thirst.



In the trees near by, the birds make their nests and sing.

From the sky you send rain on the hills, and the earth is filled with your blessings. You make grass grow for the cattle and plants for us to use.



The cedars of Lebanon get plenty of rain the Lord's own trees, which he planted......





The wild goats live in the high mountains, and the rock badgers hide in the cliffs

You created the moon to make the months; the sun knows the time to set.



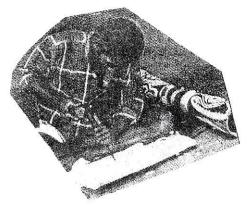


You made the night, and in the darkness all the wild animals come out."



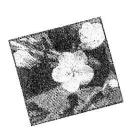


### 14. GOD'S CREATION SHOWS HIS GREATNESS

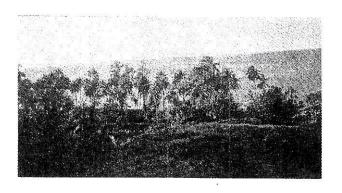




The things God has made are beautiful and great. They show us the knowledge, power and greatness of God



Song: O Lord my God, when I in awesome wonder. consider all the works your hands have made, and see the stars and hear the mighty thunder, your power throughout the universe displayed: [:Then sings my soul, my Saviour God to you, how great you are, how great you are:]





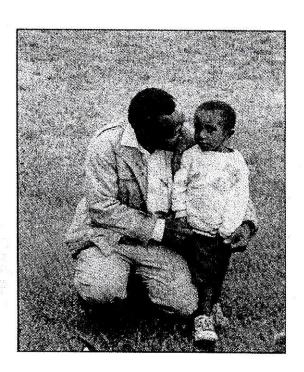
# 15. WE ARE THE MOST PRECIOUS OF GOD'S CREATION

God created many great things such as the sea, sky, mountains and large animals. He placed precious minerals, such as gold, copper and crude oil under the earth, however the Bible tells us, that we human beings are the most precious of God's creation.

## "You are precious to me and I love you". Is 43:4.

"What are human beings that you think of them; mere mortals, that you care for them? Yet you made them inferior only to yourself; You crowned them with glory and honour. You appointed them rulers over everything you made: You placed them over all creation: sheep and cattle, and the wild animals too: The birds and the fish and the creatures in the sea". Psalm 8:4-9

We are precious because we can relate to God and share his life. We can respond to God's love for us.



Song:
Oh, how good is the Lord, (3x)
I never will forget what he has done for me.

## 16. WE CARE FOR OUR ENVIRONMENT

# "Then the Lord God placed the man in the garden of Eden to cultivate it and guard it". Gen 2:15

For us this garden is the world we live in. The world belongs to us. We are to cultivate it guard it and use it wisely.

When the Lord made man and woman to be head of his creation, he meant them to care for it.



What does it mean to cultivate the land? What does it mean to guard it? Where is this garden now?

God gives us the responsibility to take care of our environment.

# 17. WE THANK GOD AND PRAISE HIM FOR HIS CREATION



"How beautiful is the bright clear sky above us! What a glorious sight it is!" Sirach 43:1



"There is also the moon, marking the passage of time, an eternal sign of the changing seasons". Sirach 43:6



Song:

Glory to God, glory, O praise him, alleluia., Glory to God, glory, o praise the name of the Lord.

Sun and moon, Bless the Lord, Bless the Lord, You stars of heaven. Glory to God...... "Look at the rainbow and praise its Creator! How magnificent, how radiant, its beauty!" Sirach 43:11

"Everything completes the goodness of something else. Could anyone ever see enough of this splendour?" Sirach 42:25

## Catechism:

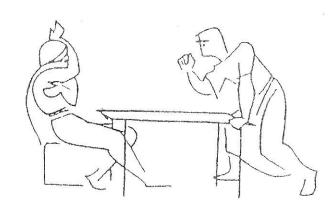
What does creation tell us about God?

CREATION TELLS US ABOUT GOD'S GREATNESS, POWER, WISDOM AND GLORY.

# 18. DISOBEDIENCE TO GOD SPOILS OUR RELATIONSHIPS

"I did command them to obey me, so that I would be their God and they would be my people. And I told them to live the way I had commanded them, so that things would go well for them. But they did not obey or pay any attention. Instead, they did whatever their stubborn and evil hearts told them to do, and they became worse instead of better". Jer 7:23-24

We will be happy if we listen to and follow God's commands. But when we are stubborn and follow our own will, we spoil our relationship with God and others. If we forget about God and his laws we will not live a happy life.



I told them to live the way I......them, so that ...... would go well for them. But they did not ...... and ......

## 19. WE EXPERIENCE CONFLICT IN OUR LIVES

"So then, just as sin ruled by means of death, so also God's grace rules by means of righteousness, leading us to eternal life through Jesus Christ our Lord." Rom 5:21

Our ancestors committed sin and sin spread throughout the world. Sin was not in God's plan. God wanted us to share his life and live in happiness.

We struggle when we want to do good. Sometimes we feel discouraged, but like St. Paul we can say,

Song:
Do not be
overcome
by evil, but
overcome
evil with
good. Do
not be
overcome
by evil.
With good,
with good,
overcome
evil with
good.

# "THANKS BE TO GOD WHO SAVES US THROUGH OUR LORD JESUS CHRIST". Rom 7:25

#### Catechism:

- 1. What happened when our first parents sinned? WHEN OUR FIRST PARENTS SINNED, THEY NO LONGER SHARED IN GOD'S LIFE.
- 2. What effect did the sin of our first parents have on us? BECAUSE OF THE SIN OF OUR FIRST PARENTS, WE WERE BORN WITHOUT A SHARE IN GOD'S LIFE.



## 20. BAPTISM FREES US FROM SIN AND MAKES US GOD'S CHILDREN





What will you answer?

Romans 6:3, 4, 6a, 7, 11:

"You know that when we were baptized into union with Christ Jesus, we were baptized into union with his death. By our baptism then, we were buried with him and share his death, in order, just as Christ was raised from death by the glorious power of the Father, so also we might live a new life.......

And we know that our old being has been put to death with Christ on his cross in order that the power of the sinful self might be destroyed..... For when we die we are set free from the power of sin.

In the same way you are to think of yourselves as dead, so far as sin is concerned, but living in the fellowship with God through Jesus Christ."

Jesus has saved us by his death and resurrection. This salvation comes to us through Baptism. I am a child of God and I am happy to live the way Jesus teaches me.



#### Catechism:

What happens to us at Baptism?

THROUGH BAPTISM WE SHARE IN THE DEATH AND RESURRECTION OF CHRIST AND BECOME CHILDREN OF GOD.

# 21. WE, THE CHILDREN OF GOD, FOLLOW OUR HEAVENLY FATHER'S WAYS

Baptism is the beginning of a new life, a life within the family of God, a life of a son/daughter of God. In his letter to the Ephesians St. Paul says,

"You must put on the new nature, which is created in God's likeness.......

No more lying, then! If you become angry, do not let your anger lead you into sin, and do not stay angry all day. Don't give the devil a chance. If you used

to rob, you must stop robbing and start working, in order to earn an honest living for yourself and to be able to help the poor. Do not use harmful words, but only helpful words, the kind that build up and provide what is needed, so that what you say will do good to those who hear you. And do not make God's Holy Spirit sad; for the Spirit is God's mark of ownership on you......Get rid of all bitterness, passion and anger. No more shouting or insults, no more hateful feelings of any sort.

Instead be kind and tender hearted to one another, and forgive one another, as God has forgiven you through Christ."





"Since you are God's dear children, you must try to be like Him. Your life must be controlled by love, just as Christ loved us and gave His life for us." Eph 4:24-32, 5:1-2a

God Loves us so much that we should love our neighbours by showing it through our actions. If we are to follow God's ways we are to avoid sins. Some of the things we are to avoid are mentioned in St. Paul's letter.

When I feel like doing bad or evil things, I will turn to God for help.

### 22. JESUS IS THE SON OF GOD

Jesus said of Himself: "Whoever has seen me, has seen the Father. I am telling you the truth: Believe me when I say that I am in the Father and the Father is in me." (John 14:9, 11).

Jesus said, "The Father and I are one." Jn 10:30.

# Jesus is God.

In the Nicene Creed, we profess, "We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten not made, of one being with the Father."

Through baptism, God brings us into His family as His adopted children. We share the life of God's family. Therefore, with Jesus the only Son of God, we can say to God, "Abba Father."

#### Song:

Abba, Abba Father. You are the potter, we are the clay, the work of your hands. Mold us, mold us and fashion us into the image of Jesus, Your Son.

### 23. JESUS CHRIST IS OUR LORD AND GOD

Philippians 2: 5 - 11

"The attitude you should have is the one Jesus Christ had: He always had the nature of God, but he did not think that by force he should try to remain equal with God. Instead of this, of his own free will he gave up all he had, and took the nature of a servant. He became like a human being and appeared in



human likeness. He was humble and walked the path of obedience all the way to death – his death on the cross.

For this reason God raised him to the highest place above and gave him the name that is greater than any other name.

And so, in honour of the name of Jesus all beings in heaven, on earth, and in the world below will fall on their knees, and all will openly proclaim that Jesus Christ is Lord, to the glory of God the Father."

Jesus is true God, but he humbled himself and became man. God gave him a name that is greater than any other name.

### That is why we kneel down to worship him and say:

"JESUS CHRIST, MY KING, MY LORD AND MY GOD."

#### Song:

I fall on my knees
to the Father of Jesus,
the Lord who has shown us
the glory of God.
May Christ find a dwelling place
of faith in our hearts,
may our lives
be rooted in love.



### 24. GOD SENT JESUS TO SAVE US

Think of your names and the names of people at home. Do you know the meaning of these names? Why were they given?

The name Jesus means "God

When the angel appeared to he told him, "Mary will have a you will **name him Jesus** he will save his people from (Mt 1:21)

In the Acts of the Apostles 4: read:

"In all the world there is no whom God has given who us."

In the Creed we confess:

"For us men and for our salvation he came down heaven."

St. John says:

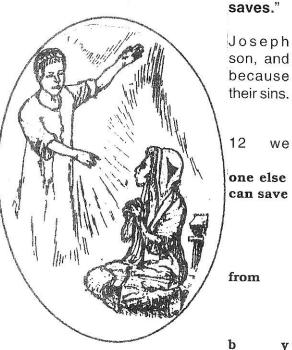
"God showed His love for us by sending His only Son into the world, so that we might have life through Him."

(1John 4:9).

Jesus Himself says:

"I HAVE COME IN ORDER THAT YOU MIGHT HAVE LIFE - LIFE IN ALL ITS FULLNESS." (John 10:10).

Because of his great love for us, God wants us to share his life and be happy with him. For this reason he did not hesitate to send his Son into the world to save us.



### 25. THE TEMPTATION OF JESUS

The Bible tells us that our first parents were tempted by Satan. They misused their freedom and disobeyed God's command. They said "No" to God and to His plan for them and all humankind.

The Gospel tells us of another temptation at the beginning of Jesus' public ministry.



The Devil said to him, "If you are God's Son, order this stone to turn into bread."

But Jesus answered, "The scripture says, 'Human beings cannot live on bread alone.'" Luke 4:3

"I will give you all this power and all this wealth," the Devil told him. "It has all been handed over to me, and I can give it to anyone I choose. All this will be yours, then, if you worship me."

Jesus answered, "The scripture says, 'Worship the Lord your God and serve only him!' "Luke 4:6-8

The Devil said to him, "If you are God's son, throw yourself down from here. For the scripture says, 'God will order his angels to take good care of you.' It also says, 'They will hold you up with their hands so that not even your feet will be hurt on the stones.' "

But Jesus answered, "The scripture says, 'Do not put the Lord your God to the test.' "Luke 4:9b-12

Jesus followed his father's will and said 'No' to Satan.

Jesus did not want to use his power to help himself. He did not want to follow the easy way. Jesus wanted to follow the way that the Father had prepared. Jesus didn't give in to the temptations. He resisted Satan and overcame the temptations.

### 26. JESUS WAS FAITHFUL TO HIS FATHER'S WILL

When we talk about the temptations of Jesus, we usually think of his temptations in the desert only.

St. Luke, however, tells us that the tempter left Jesus "for a while," He tempted Jesus again later. At one time Satan used Jesus' friend Peter.

Jesus told Peter plainly that Satan was trying to use him and that the words he had spoken did not come from God.

Dialogue: Mathew 16:21-23

Jesus said,

"I must go to Jerusalem and suffer much from the elders, the chief priests and the teachers of the Law. I will be put to death, but three days later I will be raised to life."



Peter: "God forbid it, Lord! That must never happen to you!"

Jesus: "Get away from me, Satan! You are an obstacle in my way, because those thoughts of yours don't come from God, but from human nature."

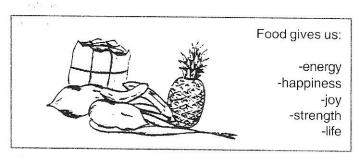
Peter was Jesus' best friend, but when he tried to put an obstacle in Jesus' way to do His Father's will, Jesus rebuked Peter.

Even though Satan tempted Jesus to follow other paths, **Jesus would** always follow the way His Father had planned for Him. Satan could not overcome Jesus. **Jesus was always faithful to his Father's will.** 

Write in your exercise boo	ok and fill in blanks:	
Jesus said, Getthese thoughts of yours	from me, Satan! You are an don't come from, but from _	_ in my way, because 

When others try to influence me, I will think carefully before I decide what to do.

## 27. JESUS' FOOD IS TO DO HIS FATHER'S WILL

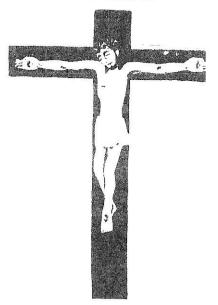


We all need and like food. We enjoy eating good food and eating keeps us going. We look at it as something pleasant, enjoyable, something we cannot do without.

Jesus enjoyed doing the will of His Father as we enjoy eating food. He drew all His strength from doing the will of His Father as we draw strength from eating food. Jesus' only concern was to do His Father's will, because he loved the Father.

Write in exercise books:

Food gives us.....
The Father's will gives Jesus.......



"MY FOOD IS TO OBEY THE WILL OF THE ONE WHO SENT ME". John 4:34

I will try to do joyfully, what God wants me to do.



### 28. JESUS' OBEDIENCE TO THE FATHER SAVED US

All people have sinned. All said "NO" to God. But Jesus came to do the Father's will. He said YES to God. By saying YES to God, Jesus saved us.

By His obedience, His "Yes" to the will of God the Father, Jesus made up for our disobedience.

# Garden of Gethsemani: Mathew 26:36-44

"Sit here while I go over there and pray." (36)

"The sorrow in my heart is so great that it almost crushes me. Stay here and keep watch with me." (38)

"My Father, if it is possible, take this cup of suffering from me! Yet not what I want, but what you want." (39)

"My Father, if this cup of suffering cannot be taken away unless I drink it, your will be done." (42)



Jesus, you took away our sins.
Thank you Jesus.

Song: I say yes, yes, yes, I say yes, o Lord, (2x) I say yes, yes, yes...

# 29. THE HOLY SPIRIT HAS SPOKEN THROUGH THE PROPHETS

In the Nicene Creed we say, "He has spoken through the prophets."

"We believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the prophets."

The Holy Spirit inspired the prophets to speak in God's name, and to call God's people back.

#### Amos 7:10-15

Amaziah, the priest of Bethel, sent a report to King Jeroboam of Israel: "Amos is plotting against you among the people. His speaches will destroy the country. This is what he says: 'Jeroboam will die in battle, and the people of Israel will be taken away from their land into exile.' "Amaziah then said to Amos, "That's enough, prophet! Go back to Judah and

do your preaching there. Let them pay you for it. Don't prophesy here at Bethel any more. This is the King's place of worship, the national temple." Amos answered, "I am not the kind of prophet who prophesies for pay. I am a herdsman, and I take care of fig trees. But the Lord took me from my work as a shepherd and ordered me to come and prophesy to his people Israel."

God the Holy Spirit inspired Amos and other prophets to preach the word of God. They suffered much, when they did their prophetic work, but they knew that the message they preached was not their own, so they were not afraid and did not give up.

Amos was a shepherd from Juda .The Lord called him to go to Israel to preach his message. It was not a happy message. Amos had to tell the people that God was about to punish them for their wrong doing.



# 30. THE HOLY SPIRIT INSPIRED THE PEOPLE WHO WROTE THE BIBLE

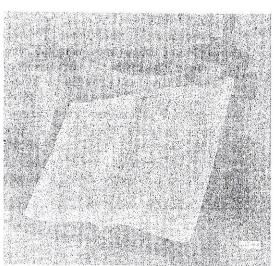
In the Bible we have many messages from God. The Holy Spirit inspired members of God's people to write these messages. When they were writing the Bible the Holy Spirit guided them.

"In his disciples' presence Jesus performed many other miracles which are not written down in this book. But these have been written in order that you may believe that Jesus is the Messiah, the Son of God, and that through your faith in him you may have life." .

John 20:30-31

John had deep faith in Jesus and wanted others to know and believe in him, so that they too would have life.

We read the Bible, so that we too can believe in Jesus and receive life in His name.



#### Catechism:

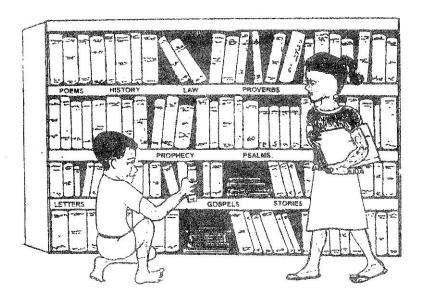
Who inspired the people who wrote the Bible?
THE HOLY SPIRIT INSPIRED THE PEOPLE WHO WROTE THE BIBLE.



**Song:** Aleluia, (3x) to our God. Alleluia (3x) to His Word. Your Word will teach us, Your Word is truth. Your Word, o Lord our God, calls us to life.

# 31. THE HOLY SPIRIT INSPIRED DIFFERENT PEOPLE TO WRITE THE BIBLE.

The books of the Bible were not written by a single person. Different people wrote them. Each writer wrote in his own style: stories, songs, prayers, sayings, laws. The Holy Spirit guided them.



They did not write all the books at the same time. Some books of the Old Testament were written a long time ago. Others were written a little later and some books were written shortly before Jesus came to earth.

We do not know the names of the writers of many of the books. We know the names of some of the people who wrote books of the New Testament. They were written after Jesus' Ascension.

In your exercise book, write the names of eight Old Testament Books. Write the names of five people who wrote New Testament books.

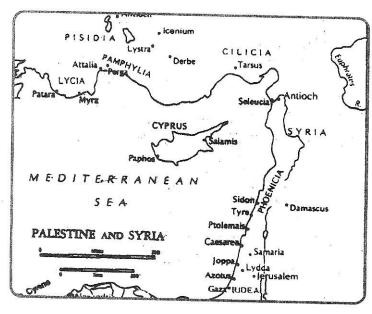
I will practice how to find the books of the Bible and learn their names.

# 32. THE HOLY SPIRIT MOVES CHRISTIANS TO SPREAD THE GOOD NEWS.

Many of us hear the news on the radio. News spreads when we hear something and tell it to others.



In the Acts of the Apostles we read how the apostles and the first Christians spread the Good News and how the Church grew by the working of the Holy Spirit.



"Some of the believers who were scattered by the persecution which took place when Stephen was killed went as far as Phoenicia. Cyprus, and Antioch, telling the message to Jews only. But other believers. who were from Cyprus and Cyrene, went to Antioch and proclaimed the

message to Gentiles also, telling them the Good News about the Lord Jesus. The Lord's power was with them, and a great number of people believed and turned to the Lord." Apostles 11:19-21

When the Christians left their homes and went to other places, they did not give up or hide their faith. Instead, filled with the Holy Spirit they kept on preaching the Good News of Jesus Christ the Lord in the districts and islands where they settled.

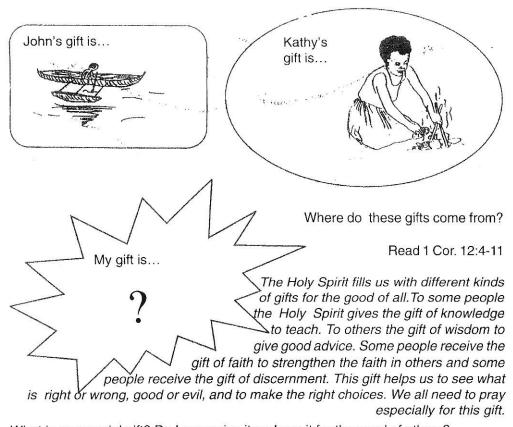
## The Holy Spirit offers me the chance to spread the Good News.

#### Song:

Go tell everyone the news that the Kingdom of God has come. And go, tell everyone the news that God's Kingdom has come.

# 33. THE HOLY SPIRIT GIVES DIFFERENT GIFTS FOR THE GOOD OF ALL

Through our Baptism and Confirmation we have been given the Holy Spirit. In 1 Cor 12 Saint Paul assures us that the Holy Spirit's presence is shown in some way in each person for the good of all. The same Spirit gives a different gift to each person as He wishes.



What is my special gift? Do I recognize it and use it for the good of others?

Song: Come Holy Spirit, we need you, Come Holy Spirit we pray,

- -come with your wisdom and knowledge,
- -come with your faith and your healing,
- -come with your power and discernment, come in your own special way.

I am happy with the gift the Holy Spirit gives me and I will use this gift for the good of others.

# 34. WE ARE ALL MEMBERS OF THE BODY OF CHRIST, THE CHURCH

In the Nicene Creed we say:

"We believe in the holy Catholic Church."

Rom. 12:4-5 1. What are the three Although we are many "We have many parts in things Saint Paul tells us people, in Christ we about our body? the one body, and all live as one body. 2. What are some of these parts have Christ is the head of these different functions? this body and we are different functions. In 3. Can the different its different parts. the same way though we parts of the body Each part is related to function on their own? are many, we are one the other parts and is body in union with Saint Paul tells us that important. Each one the Church is like a body. has its proper Christ, and we are all function. Name the people in the joined to each other as Church and the different different parts of one things they do. body."

Which function would you like to have in the Church?

## 35. AT BAPTISM WE BECOME MEMBERS OF THE CATHOLIC CHURCH

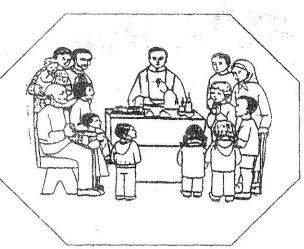


When we receive the sacrament of baptism, we become members of one body or one family, and this family is the Catholic Church.

We are fortunate that our parents brought us to the Church for baptism.

Now that we are members of this one family, we can share our joy and work with this family.

Having become a member of the Church, the baptized person belongs no longer to himself, but to Jesus.



"Christ is like a single body, which has many parts; it is still one body, even though it is made up of different parts.

1 Cor. 12:12

As a member of the Catholic Church I celebrate and work together with the other members of the Church.

# 36. AS MEMBERS OF THE CATHOLIC CHURCH WE PROCLAIM OUR FAITH

Acts of the Apostle 11:22-24

"News reached the church in Jerusalem, so they sent Barnabas to Antioch. When he arrived and saw how God had blessed the people he was glad and urged them all to be faithful and true to the Lord with all their hearts. Barnabas was a good man, full of the Holy Spirit and faith, and many people were brought to the Lord."

1.	The Church	of	Jerusalem	ı sent	
----	------------	----	-----------	--------	--

2. When he arrived he saw \_\_\_\_



The first Christians were persecuted by the enemies of Christ, but they were very courageous in proclaiming their faith. They knew that the Good News they received had to be spread to other people and they were not to keep the truth to themselves. The first Christians showed us the way.

We the members of the Church must proclaim our faith. We must do this by word and actions.

Share ways of proclaiming the faith.



I will work hard to know my faith well so that I can proclaim it.

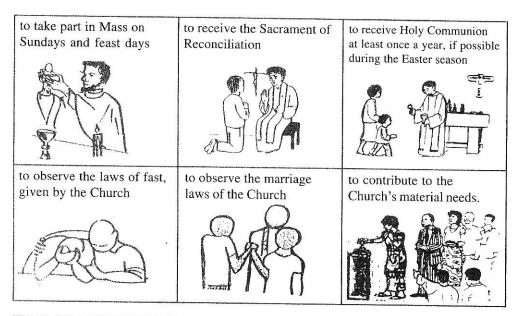
# 37. AS MEMBERS OF THE CATHOLIC CHURCH WE OBEY HER LAWS

Hebrew 13:15-17a

"Let us always offer praise to God as our sacrifice through Jesus, which is the offering presented by lips that confess him as Lord. Do not forget to do good and to help one another, because these are the sacrifices that please God. Obey your leaders and follow their orders."

The baptized person is called to serve others in the Church, and to obey the Church's leaders, respect and love them.

### The Church obliges the faithful



### THE MAIN LAWS OF THE CHURCH

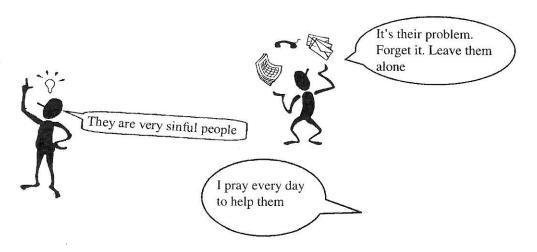
- 1. To attend Mass on Sundays and Holy Days of obligation.
- 2. To observe the laws of fasting.
- 3. To confess our sins at least once a year.
- 4. To receive Holy Communion at Easter time.
- 5. To support the Church
- 6. To observe the marriage laws of the Church.

My membership of the Church gives me rights and duties. I will enjoy my rights and I will take my duties seriously. I will do what the Church asks me to do.

## 38. MEMBERS OF THE BODY OF CHRIST CARE FOR EACH OTHER

#### Rom 15:1-4

"We who are strong in the faith ought to help the weak carry their burdens. We should not please ourselves. Instead we should all please other believers for their own good, in order to build them up in the faith. For Christ did not please himself. Instead, as the Scripture says, "The insults which are hurled at you have fallen on me." Everything written in the Scriptures was written to teach us, in order that we might have hope through the patience and encouragement which the Scriptures give us."



When there are all sorts of problems or sufferings happening to other people, we must not say, forget it or that's their problem. We must not blame them or gossip about them. We have the responsibility to help them to carry their burdens.

We, the members of the Church, must have concern for others, pray for them and find ways to help and strengthen them.

As a member of Christ's Body I willingly share in helping others along the way of salvation.

# 39. DIFFERENT PARTS OF THE BODY OF CHRIST DO DIFFERENT KINDS OF SERVICE

#### Story:

Maryanne's father is teaches the people He also leads the priest is not there.

His wife is a member Mothers' group so women in the village learn how to cook Maryanne is the the family. She She was posted to a in the bush. very hard to teach read and write.



a Catechist and he the word of God. prayers when the

of the Catholic she gets all the together and they and sew. eldest daughter in became a teacher. community school Maryanne works the children how to

Each of the members of Maryanne's family does a special service. This kind of service in the Church is called a "MINISTRY".

Rom. 12:6-8

"We are to use our different gifts in accordance with the grace that God has given us. If our gift is to speak God's message, we should do it according to the faith that we have; if it is to serve, we should serve; if it is to teach, we should teach; if it is to encourage others, we should do so. Whoever shares with others should do it generously; whoever has authority should work hard; whoever shows kindness to others should do it cheerfully."

What ministries in the Church does Saint Paul mention?

The Holy Spirit has given gifts to each of us. As we grow, we are challenged to use and develop them, so that we are prepared for the ministry for which God calls us in his Church.

I must use the gifts I have and work with them.

### 40. SAINT MARY LEADS US TO JESUS

In the Nicene Creed we say:

#### "We believe in the Communion of Saints."

There was a wedding in the town of Cana in Galilee. Jesus' mother was there, and Jesus and his disciples had also been invited to the wedding. When the wine had given out, Jesus' mother said to him, "They have run out of wine."

"Why turn to me?" Jesus replied. "My time has not yet come."

Jesus' mother then told the servants, "Do whatever he tells you." John 2:1-5

Can you answer these questions?

- 1. What was the problem at the wedding feast?
- 2. What did Mary do when she saw the problem?
- 3. What did Mary say to the servants?





Mary focused the attention of the servants on her Son Jesus. She told them to listen to Jesus and do what he said.

Mary still does the same thing. She leads all people to her Son. When we go to Mary to ask her for something she tells her Son about our needs. Mary brings us to Jesus so that we can listen to his words and do what he says. We do not worship or adore her, but we go to her because she leads us to Jesus. Mary's whole love is for Jesus. She wants to help us to know and love him.

A close relationship to Mary will help me to discover Jesus, her Son, present in my life.

## 41. THE CHURCH CELEBRATES FEAST DAYS OF MARY AND OTHER SAINTS

The Saints were in close relationship with Jesus when they lived on earth. They gave their lives to Jesus. He was their Lord. Jesus redeemed them through his suffering and death. When they died, they joined Jesus in his glory.

#### CHURCH CUSTOM:

In the Liturgical Calendar, many days are set aside to celebrate the feast of a saint.

Special feast days for us are
March 19th,.....St. Joseph
April 28th,.....St. Peter Chanel
June 3rd,.....Ugandan Martyrs
June 29th,.....St.Peter and Paul
July 7th,.....Bl.Peter ToRot
August 15th,....Assumption of Mary
September 29th,.St. Michael
October 1st,....St.Teresa
December 26th, .St.Stephen
The feast day of my Patron
Saint.\_\_\_\_\_
The feast day of the Patron Saint of our school.





When we remember the death and resurrection of Jesus at Mass, we are rejoicing with the friends of Jesus who are in heaven with him. We call their names, read their life stories and ask them to pray for us, so that we too can let Jesus be Lord of our lives.

Prayer: Saint ,pray for us.

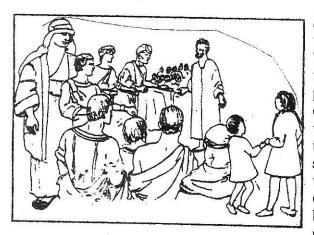
### 42. THE SAINTS SHOW US HOW TO BE LIKE JESUS

Francis Xavier was studying at a University of France in Europe. Francis Xavier did not think much about God. He was very proud of being clever and liked playing sports. At the University, Francis Xavier had a good friend, whose name was Ignatius of Loyola. Slowly Ignatius started drawing his friend's attention to God. In the year 1534, Ignatius, Francis Xavier and five other young men made a promise to live totally for God and to do his work.

Francis Xavier was ordained a priest. He left France and became a missionary in India. At this time people from Francis Xavier's own country Portugal, controlled and governed India. Francis Xavier saw that the Portuguese behaved badly and did not show Christian ways to the people of India. Francis Xavier was very upset with his own people. He himself tried to show Christ's way to the people. Francis took care of the sick and the poor. He himself lived as they did, in a poor house and ate the same food as the poor people in the village.



The people saw that Francis Xavier behaved differently from the other Portuguese. Slowly they came to know the way of Christ from the way Francis Xavier lived. When Francis Xavier rang the small bell and walked through the city to gather the people who wanted to listen to his teaching, many people came. They listened to Francis Xavier's teaching about Jesus and received Baptism.

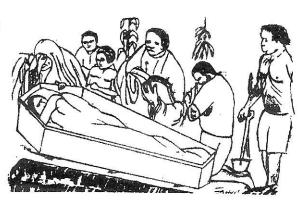


Saint Francis Xavier showed us how to live like Jesus. The Saints were people like us. They lived in different places, at different times, and did all kinds of work. When we celebrate the feast days of the Saints and read their life stories, we can see how they were like Jesus. Their example shows us the way to be like Jesus and their prayers help us to follow him.

Lord Jesus, help us to follow you more closely and love you as the saints did.

# 43. WHEN WE DIE, OUR LIFE IS NOT FINISHED, IT ONLY CHANGES

Our life here on this earth is good and we are happy to be alive. But this life is very short. The new life we will receive after death is not like this. The new life we will receive will last forever. We will have a heavenly body, and be at home with the Lord.





In the prayers for the dying the Church says to the dying Christian:

"May you return to your creator who formed you from the dust of the earth. May holy Mary, the angels and all the saints come to meet you as you go forth from this life. May you see your Redeemer face to face."

At the funeral Mass the Church prays:

"Lord, for your faithful people life is changed, not ended. When the body of our earthly dwelling lies in death, we gain an everlasting dwelling place in heaven."

2Cor 4:14, 2Cor 5:1, 4-6, 8

"We know that God, who raised the Lord Jesus to life, will also raise us up with Jesus and take us, together with you, into his presence." "We know that when this tent we live in – our body here on earth – is torn down, God will have a house in heaven for us to live in, a home he himself has made, which will last forever. "While we live in this earthly tent, we groan with a feeling of oppression; it is not that we want to get rid of our earthly body, but that we want to have the heavenly one put on over us, so that what is mortal will be transformed by life. God is the one who has prepared us for this change, and he gave us his Spirit as the guarantee of all that he has in store for us. So we are always full of courage. We know that as long as we are at home in the body we are away from the Lord's home." We would much prefer to leave our home in the body and be at home in the Lord."

## 44. OUR LIFE ON EARTH BEARS FRUIT FOR THE NEXT LIFE

The good things we do in our lives are not wasted. They will bear fruit.

Sometimes we do not see the outcome of the good we do, so we are discouraged.

Sometimes we see that someone who does bad things succeeds, while people who do good work for God, lose. It is true that they may lose here on this earth,

However, their good work will bear fruit in their lives after death when they will be happy forever.

Death is the end of our life on earth, of the time of grace and mercy which God offers us.

Our life after death will depend on how we have lived here on earth.

The decisions we make here on earth do not only affect our life now, but they also affect our life after death. If we decide to say "Yes" to Christ and follow his teaching here on earth, we will live with him forever in heaven..

#### Bible:

2 Cor. 4:16-18, 5:9-10 "For this reason we never become discouraged. Even though our physical being is gradually decaying, yet our spiritual being is renewed day after day, And this small temporary trouble we suffer will bring us a tremendous and eternal glory, much greater than the trouble. For we fix our attention no ton things that are seen, but on things that are unseen. What can be seen lasts only for a time, but what cannot be seen lasts forever. More than anything else, however, we want to please him, whether in our home here or there. For all of us must appear before Christ. to be judged by him.

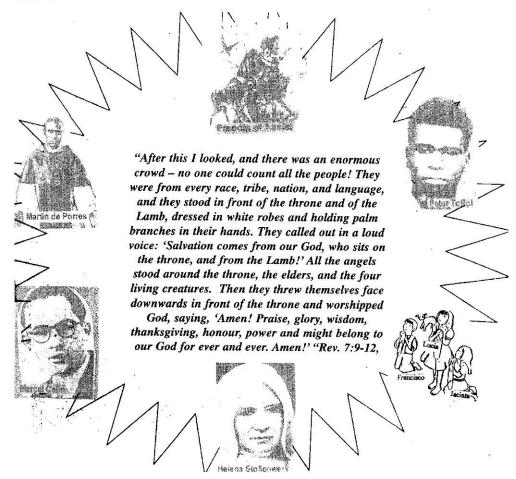
We will
each
receive
what we
deserve,
according
to
everything
we have
done,
good or
bad, in
our bodily
life."

### 45. HEAVEN MEANS TO LIVE WITH GOD FOREVER

In the Nicene Creed we say:

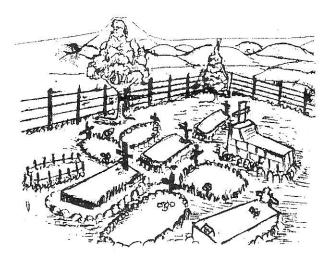
#### "In the Life of the World to Come."

Those who die in God's grace and friendship and have been made clean live forever with Christ. This perfect life with the Most Holy Trinity, with the Virgin Mary, the angels and all the saints is called 'heaven'. Heaven is being happy with God forever.



I will remember that I am united with the angels and saints praising God, when I sing "Holy, holy, holy——" at Mass.

### 46. WE MUST PRAY FOR THOSE WHO HAVE DIED.



The Church, from the very beginning, has remembered the dead. Because it is a "holy and wholesome thought to pray for the dead, that they may be loosed from their sins".

The Church also offers

prayers for them.
Some of my relatives and friends who have died may be waiting for me to help them by my prayer.

"Eternal rest give to them o Lord, and let perpetual light shine upon them. May they rest in peace. Amen."

In the prayers at Mass, the priest says like this:

"Remember our brothers and sisters who have gone to their rest in the hope of rising again, bring them and all the departed into the light of your presence."

We Catholics believe that our prayers help those who have died.

The best prayer to help them is Mass. At Mass we offer Jesus himself to God the Father, so that He will have mercy on the dead and give them eternal life.





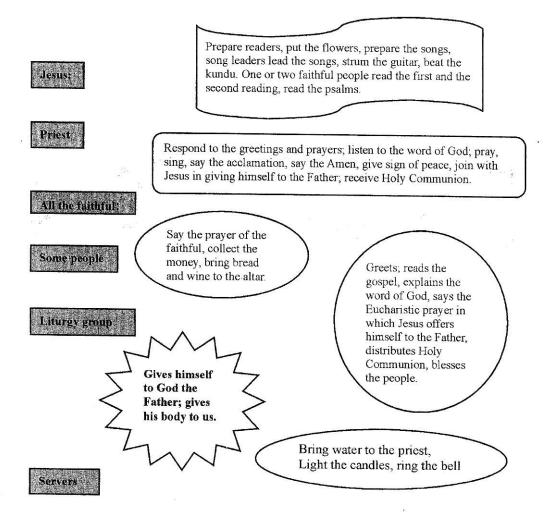
There are other prayers we say to help those who have died. An important one is the Rosary. We pray when we visit the cemetery. The Church tells us to pray for ourselves, so that we will die well. Every time we say the Hail Mary, we remember our own death.

### 47. LITURGY IS THE WORK OF THE WHOLE CHURCH

The Church says:

In the Liturgy the whole Body of Christ worships God and praises His name. All are at Mass to participate.

Match the boxes:



It is a great privilege to take an active part in the worship of the Church.

### 48. THE LITURGY OF THE EARLY CHURCH

In the Acts of the Apostles 2: 38, 41-42, we read:

"Peter said to them, 'Each one of you must turn away from your sins and be baptized in the name of Jesus Christ, so that your sins will be forgiven; and you will receive God's gift, the Holy Spirit.'

Many of them believed his message and were baptized, and about three thousand people were added to the group that day. They spent their time in learning from the apostles, taking part in the fellowship, and taking part in the breaking of bread and the prayers."



The early Christians had received the Holy Spirit, who brought them together in the Church to praise God. Now they were a big family in one faith. They were happy in professing their faith in prayer and song. They met together to receive the body and blood of Jesus. The reason they came together was to thank God and to proclaim the death and resurrection of Jesus.

### This was the beginning of the Liturgy of the Church.

In	their Liturgy, the early Christians
1)	
2)	
3)	-
4)	

"WHEN WE EAT THIS BREAD AND DRINK THIS CUP, WE PROCLAIM YOUR DEATH, LORD JESUS, UNTIL YOU COME IN GLORY."

### 49. JESUS CHRIST IS THE CENTRE OF OUR LITURGY

#### Drama:

Tony: Who is the priest who will celebrate Mass today?

Mike: Father Francis.

Tony: I hate this priest. Forget it, I cannot go to Mass today.

Mike: Sorry friend, you are very wrong. Don't worry about the priest, who will be celebrating Mass. Jesus himself is the High Priest in the Mass. I am happy to go and meet Jesus in Mass. Come, let's go to Mass together.

Christ is always present in his Church, especially in her liturgical celebrations.

He is present in the Sacrifice of the Mass.



He is present in his word since it is he himself who speaks when the holy Scriptures are read in the Church.

He is present when the Church prays and sings.

### Jesus himself is present in the person of the priest.

"Jesus lives on for ever, and his work as priest does not pass on to someone else. And so he is able, now and always, to save those who come to God through him, because he lives for ever to plead with God for them. Jesus, then, is the High Priest that meets our needs." Hebrew 7:24-26a

We have priests like Father Francis, Father Joe, Father Thomas----, but

#### Our High Priest is Jesus Himself.

When Father Francis or Joe or Thomas celebrate Mass, they wear a special **vestment** to show clearly that Jesus Himself is present as High Priest in that Mass. Jesus gives himself to the Father as a sacrifice. In fact, we see the hands of the priest holding the host, and we hear the voice of the priest. But if we listen carefully to the words spoken by the priest during consecration, we know that these are the words of Jesus himself spoken by the priest.

### 50. IN THE LITURGY JESUS SAVES US



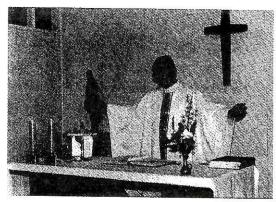
#### My Salvation Story:

"I have received baptism when I was a baby, and I became God's child. When I was in Grade Four, I received First Holy Communion. Every Sunday I go to Mass and receive Holy Communion. I do wrong sometimes and I do many things which are not good. But when I meet Jesus in Confession and Holy Communion, Jesus is healing me again. He continually saves me and forgives my sins. I am happy to be a Christian and I am not worried or afraid."

By his death and resurrection Jesus won new life for all people. We eived this new life at our baptism.

Jesus continues His work in us when we unite ourselves with him at Mass and receive the sacraments.

The Church teaches, that when Mass is celebrated, the work of redemption is not only remembered, but actually made present.



### At Mass Jesus himself meets us and keeps on saving us.

Jesus is now present in the glory of the Father. When we celebrate Mass, He is present among us and works in each of us. He forgives our sins. He gives us strength and he teaches us through his words. He gives Himself to us as our daily food.

I will go to Mass, no matter how I feel. Jesus is there to help me.

# 51. IN THE EUCHARISTIC CELEBRATION, THE HOLY SPIRIT MAKES US ONE COMMUNITY

In the Eucharistic Prayer the priest says,

"Grant that we, who are nourished by his body and blood, may be filled with his Holy Spirit and become one body, one spirit in Christ".



At Mass we gather to hear the Word of God.

We pray and sing together.

We join in the sacrifice of Jesus and in the Eucharistic Meal.

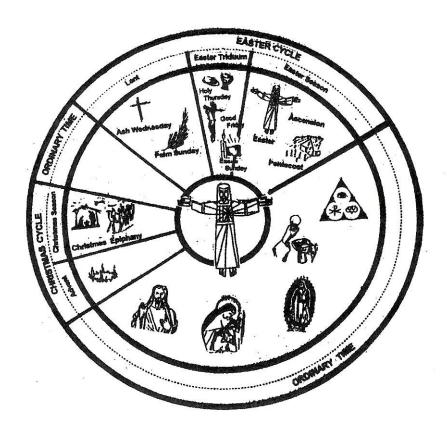
The Holy Spirit brings us together and unites us as one community, regardless of the different places we come from.

#### Song:

Gather your people o Lord. 2x. One bread, one body, One spirit of love. Gather your people o Lord.

### 52. LITURGICAL YEAR

In the course of the year, we celebrate the whole mystery of Christ.



The most important feast day of the Church Year is **Easter**, when we celebrate the memory of the Lord's Passion and Resurrection. The Church observes 40 days or seven weeks of Lent to prepare for this great feast. We call the time from Easter to Pentecost "Easter Season". This season lasts 50 days.

The date for Easter changes every year because it follows the movement of the moon. The Sunday after the first 'full moon' after the 21st March, is the date for Easter.

The second most important feast day of the Liturgical Year is **Christmas**, when we celebrate the birth of Jesus. During the four weeks of Advent, we <u>prepare</u> for Christmas. The Christmas Season lasts till the feast day of the Baptism of Jesus.

We call the other times, "Ordinary Time of the Year". There are feast days of Saint Mary and other saints.

## 53. THROUGH BAPTISM WE ARE CLOTHED IN CHRIST

All the baptized have great dignity. They are clothed in Christ when they are baptized.

At Baptism the priest puts a white cloth or garment on a man, woman or child who receives this Sacrament, and the priest says,

"You have become a new creation and have clothed yourself in Christ. See in this white garment an outward sign of your Christian dignity."

Through the Sacrament of Baptism we share in Christ's dignity. Even though we may not have money or knowledge or a good house to live in, we have dignity because we have been clothed with Christ and we share Christ's life and belong to Christ's people

"It is through faith that all of you are God's children in union with Christ Jesus. You are baptized into union with Christ, and now you are clothed, so to speak, with the life of Christ himself." Galatians 3:26-2

## 54. BAPTISM, CONFIRMATION, AND THE HOLY EUCHARIST ARE SACRAMENTS OF INITIATION

The initiation ceremonies that take place in our villages according to our customs, give us rights and duties.

Baptism, Confirmation and the Holy Eucharist are called, 'The Sacraments of Christian Initiation'.

They also give us rights and duties.



The **Sacrament of Baptism** is the first sacrament and opens the way for us to receive the other sacraments. If someone has not received the Sacrament of Baptism, he/she cannot receive the other sacraments of the Church

The Sacrament of Confirmation follows the Sacrament of Baptism to complete the work of Baptism.



The third sacrament is the Sacrament of the Holy Eucharist. If we have received Baptism, Confirmation and the Holy Eucharist then we have the right to receive the other sacraments as well. Our Christian life is based on these three sacraments:

Baptism, Confirmation and the Holy Eucharist.

In these three sacraments. Christ calls us to live with him. He gives us the strength we need to live as God's real children.

#### Song:

- 1. Thank you, I see your Word has meaning; thank you, I know your Spirit here. Thank you, because you love all people, those both far and near.
- 2. Thank you, o Lord, you spoke unto us. Thank you, that for our words you care; Thank you, o Lord, yu come among us bread and wine to share.
- 1. Thank you, o Lord, your love is boundless; thank you, that I am full of you. Thank you, you made me feel so glad and thankful as I do.

## 55. BY OUR WAY OF LIVING AND ACTING WE SHOW THAT WE HAVE PUT ON CHRIST

St. Leo the Great said:

"Christian, recognize your dignity and, now that you share in God's own nature, do not return to your former base condition by sinning."

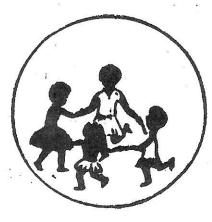
"Since you are God's dear children, you must try to be like him. Your life must be controlled by love, just as Christ loved us and gave his life for us.

Be careful how you live. Don't live like ignorant people, but like wise people.

Don't be fools, then, but try to find out what the Lord wants you to do."

Eph 5:1-2; 15; 17





The Spirit produces love, joy, peace, patience, kindness, goodness, faithfulness, humility and self-control. Gal 5:22-23

Our daily life and behaviour must follow the way of Christ. Then others will see that we have been clothed with Christ. When they see us they must see Christ in us. If we fight, hate others, keep telling lies and steal and make other people suffer, the people who see us will think evil of us. Christians will be ashamed of us. They do not see Christ in us.

**Song:** Yes I love you with the love of the Lord, (2x) for I can see in you the glory of the Lord. Yes I love you with the love of the Lord.

I will look at my life and see which behaviour in me is not Christlike. I will start now to avoid these evil ways and act like Jesus.

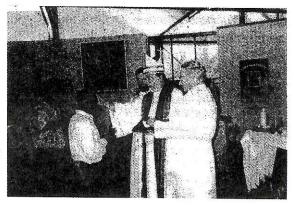
# 56. THE SACRAMENTS OF INITIATION MAKE US FULL MEMBERS OF THE CHURCH

Members of the Church have rights and duties.



In Baptism we have received new life. We are children of God and must show our faith to other people.

By the Sacrament of Confirmation the Holy Spirit strengthens us so that we can: -share our faith with others -stand firm in our faith (in our words and actions) -be genuine witnesses of Christ





In the Holy Eucharist Jesus gives himself to God the Father, and we give ourselves to God the Father together with Jesus.

I'm grateful for the rights I have in the Church, and I will gladly fulfill my duties.

#### Song:

\*Go now, you are sent forth to live what you proclaim:
To show the world you follow Christ in fact, not just in name.
\*Go now, you are sent forth to walk this troubled earth;
To share your faith with other men and prove your real worth.

### 57. JESUS GAVE US THE HOLY EUCHARIST

#### Drama:

Alex: I am very sorry that I do not have a photo of Jesus. I really want to see his face.

Leo: Do you go to Mass on Sundays?

Alex: I go sometimes.

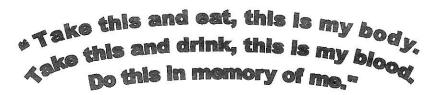
Leo: It's very true that at Mass you do not see the face of Jesus like in a photo. At Mass Jesus himself is present and gives you his body and blood. This way of remembering Jesus is better than looking at his photo.

Alex: OK, on Sunday we will go to Mass together.



Jesus did not give a photo of himself to his friends, to look at it and remember him.

Jesus gave his body and blood to his friends and said,



When Jesus said, "Do this in memory of me," he gave the Holy Eucharist to his Church so we have the best way of remembering Jesus.

I don't want to miss 'Mass, because 'Mass is the best way
to be with Jesus.

# 58. FROM THE BEGINNING CHRISTIANS GATHERED TO CELEBRATE THE EUCHARIST

We see different ways of worship in other religious groups. Some have very nice songs, dances, dramas and actions.

Why do we Catholics hold on to the celebration of Mass?

The Catholic Church follows the words of Jesus, "Do this in memory of me". From the beginning of the Church till now the Church has celebrated the Holy Eucharist. In celebrating Mass the Church follows the way of the early Christians.

St. Justin wrote to the pagan emperor Antoninus Pius around the year 155, explaining what Christians did.

"On Sundays we gather in one place. We read the writings of the apostles and the prophets. After the readings, the leader of the assembly gives a sermon. After the homily, we all stand up and offer petitions for ourselves and for others so that we can live a perfect life and follow the commandments to achieve happiness and life everlasting. When the prayers are finished we kiss each other.

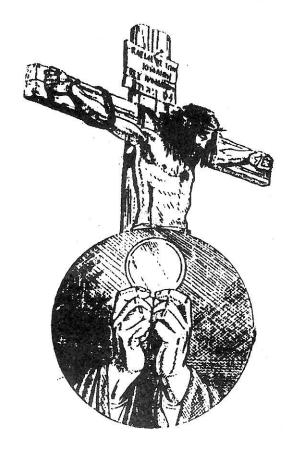
Then one person brings the bread and a cup of wine mixed with water to the main celebrant. The main celebrant receives the gifts and offers praise and glory to the Father of Heaven and in the name of the Son and the Holy Spirit continues offering prayers of thanksgiving to God for finding us worthy of these presents. When he finishes the prayers of thanksgiving, all the people reply: "Amen".

After the main celebrant has given thanks and the people have replied "Amen", the deacons give the Holy Eucharist to the people who are there and bring the Holy Eucharist also to the people who are not there.

When we meet for Mass we know that we share our faith and our worship with all the Catholic people of the past and the Catholics who are now celebrating Mass anywhere on this earth.

I am proud of my Catholic faith and I will join all the faithful people in the prayers and songs of the Mass.

### 59. THE EUCHARIST IS A SACRIFICE AND A MEAL



1Cor 11:23-26

<For I received from the Lord the teaching that I passed on to you: that the Lord Jesus. on the night he was betrayed, took a piece of bread, gave thanks to God, broke it and said, "This is my body which is for you. Do this in memory of me." In the same way after the supper he took the cup and said, "This cup is God's new covenant, sealed with my blood. Whenever you drink it, do so in memory of me." This means that every time you eat this bread and drink from this cup you proclaim the Lord's death until he comes.>

- 1. As we look at the crucifix on or near the altar, we know that the sacrifice of Jesus is made present on the altar.
- 2. As we look at the bread and wine we remember, that the Eucharist is also a meal.

When we eat this bread and drink this cup, we proclaim your death, Lord, Jesus, until you come in glory."

## 60. AT MASS JESUS CONTINUES HIS WORK OF SAVING US

"Jesus lives on forever, and his work as priest does not pass on to someone else. And so he is able, now and always, to save those who come to God through him, because he lives forever to plead with God for them. Jesus then is the High Priest that meets our needs." Hebrew 7:24-26a



1. Jesus is the	that meets our		
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<ol> <li>Jesus is able now through</li> </ol>		those who come to	God
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Jesus will do his saving work in us during Holy Mass, if only we allow him to do so.

If we have sinned and turned away from God the Father, Jesus will call us back and will bring us close to God the Father.

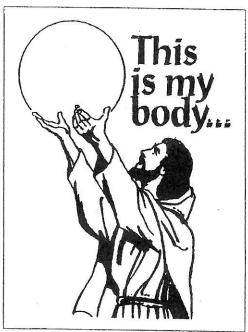
If we face problems or our friends are in trouble, we can bring all these to Jesus.

In Mass Jesus continues his work of redeeming us and offers his sacrifice to God so that the Father will have mercy on us and help us.

At the beginning of Mass 7 will ask Jesus to forgive my sins.

### 61. THE HOLY EUCHARIST STRENGTHENS US

Jesus said to them, "I am telling you the truth: if you do not eat the flesh of the Son of Man and drink his blood. you will not have life in yourselves. Those who eat my flesh and drink my blood have eternal life, and I will raise them to life on the last day. For my flesh is the real food; my blood is the real drink. Those who eat my flesh and drink my blood live in me, and I live in them. The living Father sent me, and because of him I live also. In the same way, whoever eats me will live because of me. This, then, is the bread that came down from heaven: it is not like the bread that your ancestors ate, but then later died. Those who eat this bread will live forever."



John 6:53-58

- -About whom does Jesus talk when he says the "Son of Man?"
- -What food does Jesus give?
- -What does the food do for the people who eat this food?

(Find the answers in the Bible verses)

At Holy Mass, Jesus gives us the food he was talking about. When we receive the body and blood of Jesus, we become one with Jesus.

We receive life through Jesus. When we eat the body of Jesus it helps our Christian life to grow and become strong. We will be able to overcome temptations and avoid all kinds of bad influence from other people. When our love for God and our brothers and sisters is getting weak, Jesus keeps strengthening our love as we share his meal.

Jesus works in us and wants us to become like him.

Every Sunday I will receive Holy Communion, so that Jesus can strengthen me.

## 62. IN THE EUCHARIST WE JOIN IN CHRIST'S SACRIFICE OF PRAISE AND THANKSGIVING

Scripture says, we must worship God the way God wants.

We know that the real worship God wants is the sacrifice of Jesus himself.

This sacrifice is offered by Jesus and the Christians, to God the Father during Mass.

At Mass we are able to join our sacrifice with the big sacrifice of Jesus. God really likes the celebration of the Mass. It is the best way of giving thanks and praise to God.



"Let us, then, always offer praise to God as our sacrifice through Jesus, which is the offering presented by lips that confess him as Lord. Do not forget to do good and help one another, because these are the sacrifices that please God." Hebrews 13:15-16

### Prayer:

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,
You take away the sin of the world: have mercy on us,
You are seated at the right hand of the Father: receive our prayer.

For you alone are the holy one, You alone are the Lord
You alone are the most high, Jesus Christ,
With the Holy Spirit, in the glory of God the Father. Amen.

Sometimes I will say the prayer: "Glory to God in the highest....."

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### 63. BECAUSE WE BELONG TO CHRIST WE MUST LIVE LIKE CHRIST

"You were baptized into union "Your life must be controlled by with Christ, and now you are love, just as Christ loved us and gave his life for us as a sweetclothed, so to speak, with the life smelling offering and sacrifice that of Christ, himself." Gal 3:27 pleases God." Eph.5:2 'So be careful how you live. Don't live like You yourselves used to ignorant people, butbe in the darkness, but like wise people. Make since you have good use of every become the Lord's opportunity you have, people, you are in the because these are evil light. So you must live days. Don't be fools, like people that belong then, but try to find out to the light, for it is the what the Lord wants light that brings a rich you to do." Eph. 5:15harvest of every kind 17. of goodness, righteousness and truth. Try to learn what pleases the Lord. Have nothing to do with the worthless things that people do, things that belong to the darkness. Instead, bring them out to the light." Eph.5:8-11... Song: Let's all walk together in communion sweet: walk, walk in the light. Let's love one another till the saviour we meet: walk, walk in the light. Walking, walking in the light (3x) Walking in the light of God.

Before going to bed, I will think of how I have lived during the day and I'll say sorry to God if I did something foolish.

### 64. GOD HIMSELF CALLS US TO CONVERSION

"Do you think I enjoy evil people die?", asks the Lord. "No, I would rather see them repent and live." (Ezechiel.18:23)



Norbert was the son of a good family and his home was in Germany. He loved big parties and spent much money buying food and drink. He did not work and went around doing nothing and enjoyed himself. In fact, Norbert had been baptized and was a Christian, but he didn't pray. One day when Norbert rode a horse near a forest, heavy rain and a big storm came. Norbert hurried his horse to speed back to his home. But there was a lot of lightening that lit the sky. The horse was frightened and shocked and stood on its hind legs. The horse threw Norbert on the ground and ran away. Norbert lay on the ground for a long time like a dead man. Slowly he became conscious and he walked back to his home.

After that, Norbert thought a lot. He believed, God himself had shown him that he must change his life. Norbert made a retreat and began praying and doing penance. Then Norbert became a priest and archbishop. The Church honours him as a Saint.

Some stories in the Bible show that God himself calls sinful men/women to conversion: Peter, Zaccheus, the Samaritan woman, Paul



## 65. TO RECEIVE FORGIVENESS, WE HAVE TO ADMIT OUR SINS AND BE SORRY



David said, "I have sinned against the Lord." Nathan replied, "The Lord forgives you; you will not die".

(2 Samuel 12:13)

It is not easy to admit our sins. We are ashamed to tell our sins and we use different ways to hide our wrongs, blame others and find excuses. When we do this, it seems that we block God's way to forgive us. God is the Father of mercy and He really wants to forgive us, but he can't, if we do not admit and say, "I've done wrong, and I'm sorry.

The confession of sins makes us free and helps us to reconcile with others. Through the admission of our sins we take responsibility for them. We open ourselves again to God and to the community of the Church

"Be merciful to me, o God, because of your constant love. Because of your great mercy wipe away my sins. I recognize my faults; I am always

conscious of my sins. I have sinned against you – only against you –and done what you consider evil." Psalm 51:1,3-4



When I realize my sins, I won't hide them and blame others. I will admit my sin and ask God to be merciful to me.

## 66. GOD FORGIVES THOSE WHO ARE WILLING TO FORGIVE OTHERS

When we say the Lord's prayer, we say "forgive us our trespasses as we forgive those who trespass against us." That means that the forgiveness we ask of God depends on our readiness to forgive those who have offended us. If we ourselves are not willing to forgive but keep on thinking of ways to "pay back", then our prayer for God's forgiveness is not sincere.

Our peace of heart depends on our willingness to forgive.

#### Mt.18:21-22:

"Peter came to Jesus and asked, "Lord, if my brother keeps on sinning against me, how many times do I have to forgive him? Seven times?"

"No, not seven times," answered Jesus, "but seventy times seven."



Jesus told Peter and he tells us too, that we must be ready to forgive others, if we want God to forgive us. God is a God of mercy. He is always ready to forgive us, no matter how many times we have done wrong.



We, the children of God, must follow the ways of God our Father. We must always be ready to forgive others who have done wrong to us.

I think of someone that I did not forgive yet and I will do something good for him/her as a sign of me forgiving him/her.

### 67. IN THE SACRAMENT OF PENANCE JESUS GIVES US GOD'S FORGIVING LOVE



"Jesus said to them again, "Peace be with you. As the Father sent me, so I send you." Then he breathed on them and said, "Receive the Holy Spirit. If you forgive people's sins, they are forgiven; if you do not forgive them, they are not forgiven." John 20:212-3

God the Father sent Jesus to bring us his forgiving love. When Jesus rose from the dead, he found a way for us to receive his Fathers' mercy. This way is the Sacrament of Penance or Confession. If we have turned away from God our good Father, Jesus draws us back to meet him in the Sacrament of Confession. Through the priest, Jesus forgives our sins and gives us peace and joy. The priest says the Words of Absolution:

God, the Father of mercies, through the death and resurrection of his Son, has reconciled the world to himself and sent the Holy Spirit among us for the forgiveness of our sins; through the ministry of the Church may God give you pardon and peace, and I absolve you from your sins in the name of the Father, and of the Son + and of the Holy Spirit.

**Song:** Father I have sinned, Help me find my way. Remember not my sins, let me hear you say: I forgive you, I love you. You are mine. Take my hand. Go in peace. Sin no more, beloved one.

## 68. IN THE SACRAMENT OF PENANCE WE ARE RECONCILED WITH GOD AND ONE ANOTHER

Jesus calls Matthew

"Jesus left that place, and as he walked along, he saw a tax collector, named Matthew, sitting in his office. He said to him, "Follow me".

Matthew got up and followed him. While Jesus was having a meal in Matthew's house, many tax collectors and other outcasts came and joined Jesus and his disciples at the table. Some Pharisees saw this and asked his disciples, "Why does your teacher eat with such people?" Mathew 9:9-11



If we want to be reconciled with God, we must be reconciled with our brothers and sisters as well.

When Jesus forgives the sins of people, he reconciles them with God again. Jesus shares food with them as a sign that they are part of the community.

If a Catholic has cut himself/herself off from God through serious sin, he/she cannot receive Holy Communion. When he/she receives God's forgiveness in Confession, he/she will again join the Christian community to receive Holy Communion. Receiving Holy Communion is a sign that we are one with God and with the Christian community.





After Confession, I remember that I've received new strength to be one again with the community and I will show it by my actions.

# 69. THE WAY OF CELEBRATING THE SACRAMENT OF PENANCE

When we receive the Sacrament of Penance, it is a celebration that has it's own steps to be followed. We must know these steps so that the celebration will be good.

For the Sacrament of Penance, there are two who work together: God who works through the priest and we sinners do our part.



- 1. We pray to the Holy Spirit to help us.
- 2. We think of our sins.
- 3. We say sorry to God and say a prayer of sorrow.
- 4. We confess our sins to the priest and receive absolution.
- 5. We thank God and do the penance.



The priest welcomes us and blesses us with the sign of the cross.

The priest listens to the sins we confess.

The priest gives us advice.

The priest gives a penance to us.

The priest gives us absolution and says:

"Through the ministry of the Church may God give you pardon and peace, and I absolve you from your sins in the name of the Father and of the Son of the Holy Spirit.

The priest says: "God bless you".



#### 70. BY ACTS OF PENANCE AND SELF DENIAL WE JOIN CHRIST WHO DIED FOR OUR SINS

Absolution takes away sin but it does not take away all the disorders sin has caused in me. I have to do something about these disorders.

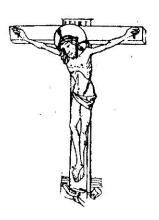
"So get rid of your old nature, which made you live as you used to - the old nature that was being destroyed by its deceitful desires. Your hearts and minds must be made completely new, and you must put on the new nature, which is created in God's likeness and reveals itself in the true life that is upright and holy. No more lying, then! Each of you must tell the truth to the other believers, because we are all members together in the body of Christ. If you become angry, do not let your anger lead you into sin, and do not stay angry all day. If you used to rob you must stop robbing and start working, in order to earn an honest living of yourself and to be able to help the poor. Do not use harmful words, but only helpful words, the kind that build up and provide what is needed, so that what you say will do good to those who hear you. And do not make God's Holy Spirit sad; for the Spirit is God's mark of ownership on you, a guarantee the Day will come when God will set you free. Get rid of all bitterness, passion, and anger. No more shouting or insults, no more hateful feelings of any sort. Instead be kind and tender-heart to one another, and forgive one another as God has forgiven you through Christ. Ephesians 4:22-32

It is not easy to overcome the old ways of living. Laziness, anger, telling lies, and selfishness do not end with Confession. We must do some penance that helps us overcome our bad attitudes that lead us to sin.

E.g.

laziness – work; anger – kindness; telling lies – to be truthful selfishness – generosity.....

Every Friday is a good day to do different kinds of penance. On Fridays, we think of the sufferings of Jesus for our sins. So we join our small works of penance with the sufferings of Jesus.



# 7 1. THE ANOINTING OF THE SICK HELPS THE SICK TO UNITE THEIR SUFFERINGS WITH THE SUFFERINGS OF JESUS

To call a priest to give the Anointing of the Sick to a seriously ill person is a great help we can give to the sick person.

The Sacrament of the Anointing is for the sick, not only for the dying. Receiving this Sacrament may take away fear of death, and may even restore health.



When the priest gives the Sacrament of the Anointing of the Sick, the Church entrusts the sick person to Jesus and prays that the sick may be healed and forgiven.

The Church encourages the sick person to unite the sufferings with the sufferings of Jesus to help the people of God.

Sick people have a big task to help the Church. In the Sacrament of the Anointing of the Sick, Jesus strengthens them to accept sufferings with him. These sufferings bear fruit and will help themselves and others.

If one of my family members is ill, I will inform the priest

### 72. GOD CALLS SOME MEN TO CARRY OUT A SPECIAL MINISTRY IN THE CHURCH

"From Paul a servant of God and an apostle of Jesus Christ, I was chosen and sent to help the faith of God's chosen people and to lead them to the truth taught by our religion, which is based on the hope for eternal life. God, who does not lie, promised us this life before the beginning of time, and at the right time he revealed it in his message. This was entrusted to me, and I proclaim it by order of God our Saviour." Titus1:1-3



God appointed Paul for a special service in the Church.
Paul strengthened the people's faith, helped them to know the truth, to follow God's ways and to hope for eternal life God would give them.

We too, need the service that Paul talked about.

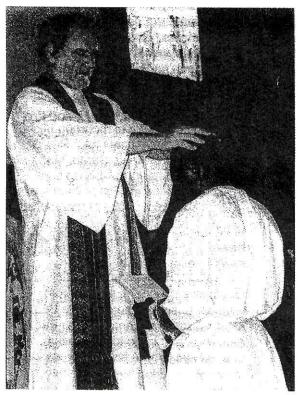
I need a priest to receive the life of God and help me strengthen this life. I need a priest to give me the food for this life and strengthen my faith.

I need a priest to help me when I have sinned.

I need a priest to anoint me when I am sick.

I will respect and thank the priest for the services he provides.

#### 73. HOLY ORDERS IS A GIFT FROM GOD



The Sacrament of Holy
Orders gives a sacred power
for the service of the faithful.
The priest gives service to the
people of God by
-teaching,
-divine worship and
-pastoral guidance.

"For this reason I remind you to keep alive the gift that God gave you when I laid my hands on you. For the Spirit that God has given us does not make us timid; instead, his Spirit fills us with power, love and

No man can make himself a priest and no one can do the work of a priest by his own strength.

self-control." 2 Timothy 1:6-7

God calls a man for this work and God himself makes him a priest.

The Bishop gives the Sacrament of Holy Orders. This Sacrament makes a man a priest and gives him sacred powers for the special service he has to do in the Church.

I believe in the gifts that God gave to our priests and I will support them, help them in their work and pray for them.

#### 74. THE STORY OF A HOLY PRIEST

John Vianney was a farmer's son in the country of France. His parents worked hard to look after their six children.

John's aim was to become a priest, but his father didn't want. His father needed him to help him with the work on the farm. His father didn't have enough money to pay his school fees either.

John worked on the farm until he was 20 years old. Now his father agreed that John would leave home and study to become a priest.

John tried his best and worked hard at his studies. But he found the seminary studies too hard. The seminary teachers thought a lot and said, "His knowledge is not sufficient to receive the Sacrament of Ordination." But a priest who knew John well told the Bishop, "It is true, John cannot study well, but he has a different kind of knowledge and has a good character, therefore he can receive Ordination." John received Ordination and he worked with another priest. Both of them worked very hard and did penance.

Later on, the Bishop sent Father John to a parish that did not have a priest for some years. This place was not a good parish, the church too was deteriorated, the tabernacle was left empty, the Father's house was also not good. The faith of the Christian people in the parish was very weak. Most of them did not come for Mass on Sundays and worked on their farm. On week days, they sat in the village pubs, using bad language and getting drunk.

Father John was very sad, when he saw these things. But he had strong faith in God who could change these people. Fr. John prayed for hours day and night, did penance and ate little food only. He visited all families in his parish, listened to their stories, gave good advice to them, invited them for Mass, and told them not to waste time in village pubs. Slowly the people's attitudes changed. The people said, "Our priest is a holy priest. We better listen to what he says".

Father John's most important task was to hear people's confessions. Every day people from nearby villages and distant places came to Father John for confession. Bishops and priests, Government leaders, people from villages, business men, people from small villages, all came to hear Father's teachings and to go to confession. If one wanted to hide his sins or wanted to lie, Father John knew it so they could not lie.

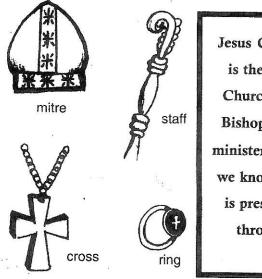
Satan was a great enemy of this holy priest. He did all kinds of things to threaten Father John. But Father John was not worried about it. He said, "Now Satan is afraid. He knows that the sinners have escaped from him and have come back to God."
Father John died on August 4th 1859 when he was 73 years old. Priests from his country and other countries heard the story of this holy priest. The Church declared him the patron saint of all priests.

# 75. WE MUST SHOW RESPECT FOR OUR BISHOPS AND PRIESTS

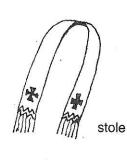
"Obey your leaders and follow their orders. They watch over your souls without resting, since they must give to God an account of their service. If you obey them, they will do their work gladly; if not they will do it with sadness, and that would be of no help to you."

Hebrews 13:17

Symbols which show that bishops and priests represent Jesus and do his work.



Jesus Christ himself
is the head of the
Church. When the
Bishops and priests
minister to the people
we know that Christ
is present and acts
through them.





By the respect I show to the priest I express my faith in the presence of Christ.

When I talk to the priest, I think of Jesus who works through the priest.

# 76. OUR PARENTS HAVE GIVEN THE SACRAMENT OF MATRIMONY TO EACH OTHER

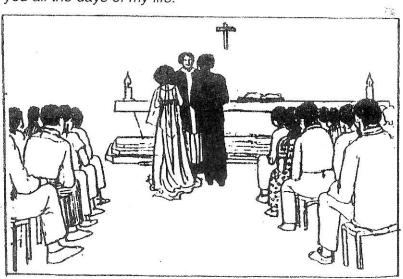
Saint Tertullian wrote about Christian marriage: "How wonderful the bond between two believers, now one in hope, one in desire, one in discipline, one in the same service."

#### The Marriage Promises:

The couple shake hands and the man who wants to marry says, I, N., \_\_\_\_\_ take you, N., \_\_\_\_ to be my wife. I promise to be true to you in good times and in bad, in sickness and in health. I will love you and honour you all the days of my life.

#### The bride says,

I, N\_\_\_\_\_, take you, N\_\_\_\_\_, to be my husband. I promise to be true to you in good times and in bad, in sickness and in health. I will love you and honour you all the days of my life.



When the man says to the woman, "I take you as my wife," he gives the Sacrament of Matrimony to his wife.

When the woman says, "I take you as my husband," she gives the Sacrament of Matrimony to her husband.

This means that our parents gave the Sacrament of Matrimony to each other. The priest witnesses and blesses their marriage in the name of the Church.

### 77. MARRIAGE BETWEEN MAN AND WOMAN IS A COVENANT



Marriage is more than a contract, it is a covenant.

A good marriage is a true picture of Christ being with his Church.

The marriage promise is a covenant that binds the couple together.

They have to support each other in bad times and in good times.

In the Sacrament of Matrimony Christ gives the couple the grace to love each other as Jesus loves them.

"Husbands. Love your wives just as Christ loved the Church and gave his life for it. He did this to dedicate the Church to God by his word, after making it clean by washing it in water. Men ought to love their wives just as they love their own bodies. Eph. 5:25 26; 28a

#### The priest's prayer at the Wedding Mass:

"Father, you have made the bond of marriage a holy mystery, a symbol of Christ's love for his Church. Hear our prayers for \_\_\_\_ and \_\_\_. With faith in you and each other they pledge their love today. May their lives always bear witness to the reality of that love."

# 78. THROUGH THE SACRAMENT OF MATRIMONY CHRIST HELPS THE COUPLE TO REMAIN FAITHFULL TO ONE ANOTHER.

In the joys of our family life God gives us a foretaste of the wedding feast of the Lamb.

John 2:1-11a. The marriage feast at Cana.

Jesus performed his first miracle to help a couple.

Jesus wants to be with the married couple and help them.

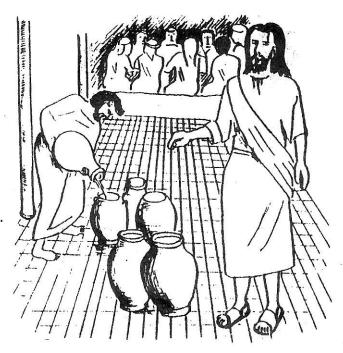
Jesus gave the Sacrament of Marriage to his Church.

In the Sacrament of Christian Marriage

Jesus **encounters the couple** and by the grace of this Sacrament **Jesus dwells with** the couple.

Jesus strengthens their love and gives them peace. He is with them in their difficulties and helps them to reconcile again, when there was anger. He inspires them to share, to look after the children and to be faithful to the promises of marriage.

Jesus is with my parents. I show respect for my parents.



### 79. WE MUST WORK TOGETHER WITH OUR PARENTS TO MAKE OUR FAMILY HAPPY

"Jesus went back with them to Nazareth, where he was obedient to them. His mother treasured all these things in her heart. Jesus grew both in body and in wisdom, gaining favour with God and people." Luke 2:51-52

Jesus made his parents happy. He made God happy, he made other people happy.

Children help their parents to become holy. Each and every one should be generous and tireless in forgiving one another for offences, quarrels, injustices and neglect. Love for each other suggests this. The charity of Christ demands it.

God wants us to work together as a family. We must help our parents to look after the things of the family and we must teach our small brothers and sisters. If children work together with their parents, they make their family a happy family.



1.	God wants us to _		as a family.	
2.	We must help our	parents to	-	the things of the family
	and we must our small brothers and sisters.			

Prayer:

God our Father, you want us to work with our parents and make our family happy. Help us to look at Jesus and follow him.

### 80. THE COMMANDMENTS GUIDE US TO LIVE ACCORDING TO GOD'S WILL

Psalms 119: 1-6; 105; 165

"Happy are those whose lives are faultless, who live according to the law of the Lord. Happy are those who follow his commands, who obey him with all their heart. They never do wrong, they walk in the Lord's way. Lord, you have given us your laws and told us to obey them faithfully. How I hope that I shall be faithful in keeping your instructions! If I pay attention to all your commands, then I will not be put to shame." "Your word is a lamp to guide me and a light for my path." "I will keep my solemn promise to obey your just instructions."

The gift of the commandments is the gift of God himself and his holy will.

The Bible tells us the reason for God's law:
God loves us so much and he wants us to be happy.
God shows his people the

God shows his people the right way to be happy.

The commandments tell us, what we must do and what we must avoid to be happy.

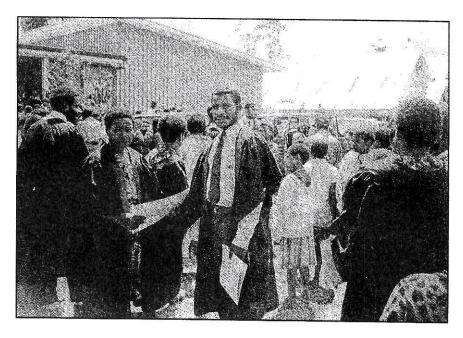
Psalm 119: 33- 34a

"Teach me, LORD, the meaning of your laws, and I will obey them all times. Explain your law to me, and I will obey it.

I will always remember: Breaking a commandment is saying "No" to God himself.

# 81. THE COMMANDMENTS GUIDE US TO FREEDOM FROM SELFISHNESS

The Commandments point out the conditions of a life freed from the slavery of sin. They are a path of life.



Gal. 5:13

"As for you, my friends, you were called to be free. But do not let this freedom become an excuse for letting your physical desires control you. Instead, let love make you serve one another."

If we follow our own desires only, we are not truly free. We are slaves to our selfishness. If we follow God's will, we will be truly free.

The commandments tell us clearly what God wants and help us to overcome selfishness and live like free people.

### 82. THE GOODS OF CREATION ARE MEANT FOR THE BENEFIT OF ALL



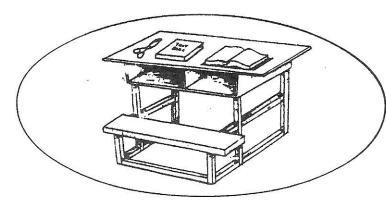
Cf. Gen. 1: 26 ff.

God said, We will create people in the image of ourselves. We will place them on the earth to look after the fish, the birds, the animals, the flowers and the trees. God created the people in his own image. God made them male and female. He blessed them and said, you must multiply. You take care of this earth. You are more important than the fish, the birds, the animals and the flowers and the trees, so take care of them. The leaves and the trees must provide food for you and the animals.

God created the world for us to have a good place to live in. It is good to have some land with bush and water ourselves, but we must not be selfish and forget to share with others.

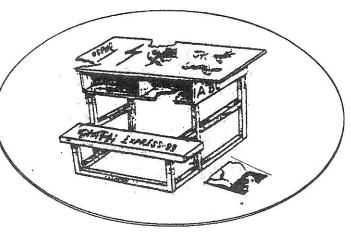
God our Father, enlighten our minds that we may know and see the plan you have for the things you have created. The things you have created can help all of us to live happily on this earth.

#### 83. THE SEVENTH AND TENTH COMMANDMENTS TELL US TO RESPECT THE PROPERTY OF OTHERS



God wants each of us to have some things which will help us and make us happy. God wants us to look after these things and use them properly and wisely.

God also wants us to respect the belongings of others, so that everything can be safe and help us all. We must be happy when we see the things belonging to others and thank God for all the presents He gives to us and other people.



1: In the seventh commandment, God _	us not to	other people's property.
2: In the tenth commandment God	us not to	another person's
property.		<u>.</u>

The tenth commandment says:

"You shall not covet other people's property."

3: In the seventh and the tenth commandments God \_\_\_\_ us to \_\_\_ other people's property or belongings.

The seventh commandment says: "You shall not steal."

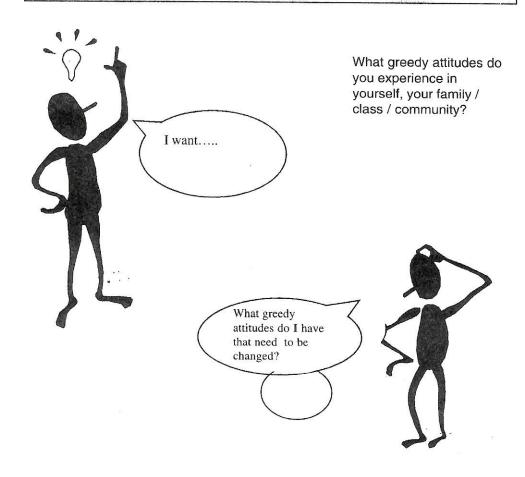
The tenth commandment says: "You shall not covet other people's property."

I want to bear in mind: Everything belongs to someone. If I damage something, I must make up for it.

# 84. WE SHOULD NOT BE GREEDY BUT BE SATISFIED WITH WHAT WE HAVE

"Don't think you have to have everything you want, and then spend your energy trying to get it." (Sirach 5:2)

Jesus said to them, "Watch out and guard yourselves from every kind of greed; because your true life is not made up of the things you own, no matter how rich you may be." Luke 12:15



# 85. WE HAVE TO SHARE OUR GOODS WITH THE POOR AND THE NEEDY

On the last day Jesus says: "I tell you, whenever you did this for one of the least important of these followers of mine, you did it for me." Mt.25: 40.

The Bible urges us to share the things we have with all our brothers and sisters who are in need. When we have something, whether we have much or little, we must help others who are in need.

"CHILDREN HELPING CHILDREN" is one way of helping poor children in other parts of the world. We collect some money. It will be sent to the places where there is a need.



#### Song:

CHILDREN HELPING CHILDREN, all the world around, CHILDREN HELPING CHILDREN, shout the happy sound. Spread the news across the ocean, give all near and far the notion: Children love to help each other: Everyone's our sister, brother. Never mind your colour, creed, we look only at your need. Let's all help by word and deed, CHILDREN HELPING CHILDREN.



2. CHILDREN HELPING CHILDREN all the world around.
CHILDREN HELPING CHILDREN, shout the happy sound.
What's this help we bring to you?
It's Jesus' love in all we do.
Tears and sorrows we are sharing, you and I His cross are bearing.
Joy and laughter came our way, we'll give you a share today.
That's our meaning when we say:
CHILDREN HELPING CHILDREN.

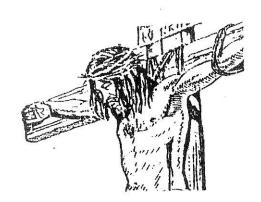
## 86. JESUS' NEW COMMANDMENT IS TO LOVE ONE ANOTHER AS HE HAS LOVED US

"And now I give you a new commandment: love one another. As I have loved you, so you must love one another."

John 13: 34

St. Paul says, "I may have all knowledge and understand all secrets, but if I have no love, I am nothing".

How did Jesus love people? Jesus loved us so much that he humbled himself and became like a servant to help all the people. Jesus was not selfish and he did not try to become famous in the eyes of people. Even though some people did not love him in return and some even were his enemies, Jesus did not give-up. The great love of Jesus was revealed to the world when he died on the cross to save us.



<ol> <li>Jesus showed</li> </ol>	to all	people.		
2. Jesus was	for all sinne	ers and he	them.	
3. Jesus	_all the people	e who	him to help them.	
			hings they did to him.	
5. Jesus asked his	father to	all his	s enemies.	
6. Jesus did not	He	himself	and became like a	
7. Jesus his	life to	_ us.	-	
{save, sorry, forg	gave, helped, as	ked, forgive,	boast, servant, pay back, gar	ve,
humbled, respec	ct}			f8i

I will ask Jesus to give me the love I do not have.

## 87. WE MUST BE A SIGN OF GOD'S LOVE FOR ALL PEOPLE

#### Blessed Damian de Veuster.

In 1873, a Bishop and his priests were gathering on an Island in the Pacific. They were talking about their mission and the major problems on one of the islands called Molokai. The Government assigned this island for the people who had leprosy to reside there. At that time there was no medicine to cure leprosy and so the government gave orders for every man and woman who had the disease to leave their homes and live on that island for the rest of their lives. Life on this island was very hard. There was no doctor or nurse to care for them because they were afraid they would catch the disease as well. The sick people felt that they had been dumped on the island as if they were rubbish; so they were very unhappy and did all kinds of bad things. The Bishop and his priests discussed this problem. A young priest called Damian said, he would go to Molokai. He said, "I want to live with the people on the island so that they will know that God still loves them." When the ship left Father Damian on Molokai Island, the lepers thought that he too had leprosy. But they soon realized that Father Damian was a strong man and went to the island to help and care for the sick. He dressed their sores, he cleaned their homes, he found clean water on the mountain. He gathered the people who were still strong and could do work. They worked with him to bring the water down to their homes. They started planting food crops, build their homes, and prepare a cemetery to bury the dead. Gradually the life on the island changed. The people saw that Father Damian had great respect for them, even though they had a terrible disease.

The sick people wondered, "Why does this young man want to stay with us and not run away from us?" Many of the sick people had lost their faith because they said that nobody cared about them, even God seemed to have no concern for them. But when they saw Father Damian's attitude and work they realized that God had not forgotten them. God loved them.

After some time on Molokai, Father Damian also got sick with leprosy. He continued to work there until he died.

Fr. Damian has been proclaimed Blessed by the Church in 1999.

What was Father Damian's life a sign of?

There may be people in our community who suffer from a bad sickness. How do we show God's love to them?

Whatsoever you do to the least of my brothers, that you do unto me.



### 88. JESUS SHOWED US THE ROAD TO TRUE HAPPINESS



Jesus tells us what true happiness is:





Jesus saw the crowds and went up a hill, where he sat down. His disciples gathered around him, and he began to teach them. "Happy are those who know they are spiritually poor; the Kingdom of heaven belongs to them!

Happy are those who mourn; God will comfort them!

Happy are those who are humble; they will receive what God has promised!

Happy are those whose greatest desire it is to do what God requires; God will satisfy them fully!

Happy are those who are merciful to others; God will be merciful to them!

Happy are the pure in heart; they will see God!

Happy are those who work for peace; God will call them his children. Happy are those who are persecuted because they do what God requires; the Kingdom of heaven belongs to them!

Happy are you when people insult you and persecute you and tell all kinds of evil lies against you because you are my followers. Be happy and glad, for a great reward is kept for you in heaven." Mt. 5: 1-10

### 89. JESUS CHALLENGES THE VALUES OF OUR SOCIETY

Many times we are concerned too much about material things. We work hard for money, promotions, power, all kinds of good things. We want to be first so that people will respect and praise us.

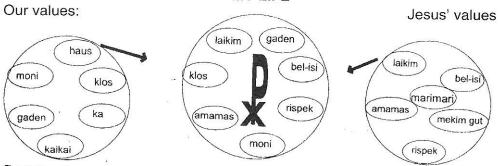
Scripture tells us that these things will not last. We should work for the things that will last.

Jesus told them this parable: "There was once a rich man who had land which bore good crops. He began to think to himself, 'I haven't anywhere to keep all my crops. What can I do? This is what I will do,' he told himself. 'I will pull down my barns and build bigger ones, where I will store the grain and all my other goods. Then I will say to myself, 'Lucky man! You have all the good things you need for many years. Take life easy, eat, drink and enjoy yourself!' But God said to him, 'You fool! This very night you will have to give up your life; then who will get all these things you have kept for yourself?' "Luke 12:16-20"

What is important in your life? (The large circle represents your life, the small circles, things that are important to you. Is there space for Jesus?

Jesus must be Number One and in control of everything.

MY LIFE



#### Song:

- 1. Blessed are the poor in spirit for theirs is the kingdom of heven.
- Blessed are the gentle, for they shall posses the land.
- 2. Blessed are they that hunger and thirst after justice;
- Blessed are they that suffer gladly for justice sake.
- 3. Blessed are they that mourn for they shall be comforted.
- Blessed are the clean of heart, for they shall see God.
- 4. Blessed are you when men revile and harm you;
- And speak all evil against you untruly for my sake.
- 5. Blessed are the merciful, for mercy they will find.
- Blessed are the peacemakers, for they shall be called God's children.

### 90. GOD GIVES US FREEDOM TO DECIDE FOR OURSELVES

"As Jesus was starting on his way again, a man ran up, knelt before him, and asked him, "Good Teacher, what must I do to receive eternal life?" "Why do you call me good?" Jesus asked him. "No one is good except God alone. You know the commandments: 'Do not commit murder, do not commit adultery, do not steal; do not accuse anyone falsely; do not cheat; respect your father and your mother." "Teacher," the man replied, "ever since I was young, I have obeyed all these commandments." Jesus looked straight at him with love and said, "You need only one thing. Go and sell all you have and give the money to the poor, and you will have riches in heaven; then come and follow me." When the man heard this gloom spread over his face, and he went away sad, because



he was very rich." Mk 10: 17-22

Freedom is the power to act or not to act, to do this or that. By free will one shapes one's own life.

The more we do what is good, the more we grow in freedom.

God the Father gives us freedom to choose. We ourselves must decide what we want to do. Jesus loved the man in the story and he challenged him to go "all the way" and follow him. Jesus respected his freedom and did not force him to follow him. It is true that Jesus was sad when the man went away but Jesus let him go.

I will seek advice, when I have to make a decision and ask Jesus to help me to follow his way.

## 91. GOD IS CALLING SOME MEN AND WOMEN FOR SPECIAL SERVICE IN THE CHURCH

A saint's story: FRANCES XAVIER CABRINI 1850 - 1917

The Chicago train from Seattle had been attacked by rascals. A violent explosion broke the windows of the carriage in which Maria Francesca Cabrini was sitting, and a huge iron bolt was thrown over the top of her head. The Railway guards scrambled into the carriage to find Maria unhurt. The guard was very surprised as he looked at her and said, 'Sure, someone was looking after you, sister.' It had been like that throughout her life. As a girl she had fallen into a river and nobody, not even Maria herself, could say how she had got to the bank safely.

Maria had been born in Italy. Her parents were quite well off. From her earliest years Maria developed a love for missionaries. She was quite convinced that she would be a missionary sister herself and wanted to go to China.

She trained as a teacher, but when she applied to enter a community of Missionary Sisters she was turned down because of poor health. A Bishop asked her to sort out a problem in an orphanage in the town. At first she refused, but finally she agreed.

For six years she tried to solve the problem but in the end she had to leave and with her went seven young women who decided to follow Maria Francesca Cabrini. They shared her desire to become Missionaries and together they started a congregation of sisters called Missionary Sisters of the Sacred Heart. Mother Francesca still wanted to go to China but several of her friends suggested that the people who needed her and her sisters most were the Italian immigrants in the United States. The

Archbishop of New York invited her to work in his diocese. She decided to ask the Pope for his orders. Leo XIII, said to her, "Not East, but to the West. Go to the United States."

She with seven sisters set sail from France. She had received a promise of a house in New York so that the sisters could begin an orphanage and school immediately. When they arrived after a difficult journey, they discovered that the house was not available. The next morning they were surprised when the Archbishop suggested that they should return to Italy by the next boat. Mother Cabrini insisted that they had been sent to America by the Pope to do a job and she intended to do it.

So the Archbishop agreed to help. She began her work by starting an orphanage for children who had no parents and working with the poor Italian families. She started a school for the poor using a church as a classroom and the sisters began visiting people in their homes. The Italian immigrants who were poor themselves were happy to have sisters among them and shared whatever they had, with them.

Mother Cabrini returned to Italy to talk about her work for the poor in orphanages, schools and hospitals. On her return to America she was tired and sick, but she kept on working for her sisters and the poor. Her example impressed everyone. In 1917, three days before Christmas, she died.

Frances Xavier Cabrini was canonized in 1946

#### 92. JESUS RESPECTS THE RIGHTS OF EACH PERSON

Read Luke 18:35-43:  a. The people the blind man.  b. They didhis right to ask for help.  c. Jesus showed great for the blind man.  d. He helped him with the things he  (rebuked, not respect, respect, needed)	
Read: John 5:1-9  a. When the sick man wanted to go to the pool, other people went down  b. They thought of and they tried to get into the pool first.  c. Jesus the sick man and to him and him.  (first, themselves, right, respected, spoke, healed)	

In the first story, the people did not respect the rights of the blind man. The blind man had the right to call to Jesus for help, but the people wanted to stop him. The sick man had the right to go down to the water but others came first and there was no chance for him. Jesus respects the rights of each and everyone and helps them in their needs.

In our place, do we have attitudes that stop and destroy the rights of some people?

By loving one another, the disciples of Jesus share the love they themselves receive.

#### Prayer:

Jesus, help us to follow your ways and respect the rights of each other, Amen.

I will respect the rights of the members in my family, father, mother, grandparents, brothers and sisters.

#### 93. WE MUST HELP OTHERS WHO ARE IN NEED

"I am not trying to relieve others by putting a burden on you; but since you have plenty at this time, it is only fair that you should help those who are in need. Then, when you are in need and they have plenty, they will help you. In this way both are treated equally." 2 Cor. 8:13-14

In the following examples, what must each group do to act justly, the way God wants them to act?

1.The Sire brothers had a large block of land that was not used. During an earth quake there was a lot of destruction on the land belonging to the Balau clan. Now there was no land for them to live on.	? Write answer in exercise book.	
? Write answer in exercise book.	2. A Primary school in town has many good books for children to read. A school in a remote area had no books for children and no money to buy books.	
3. The children of a community school far away from the coast were allowed to do Grade 7 and 8 in the Primary school at the coast. But they had a problem with accommodation and food.	? Write answer in exercise book.	

Whatsoever you do, to the least of my brothers, That you do unto me!

- 1. When I was hungry, you gave me to eat, When I was thirsty, you gave me to drink. Now enter into the home of my Father.
- 2. When I was homeless, you opened the door. When I was naked, you gave me your coat. Now enter into the home of my Father.
- 3. When I was weary, you helped me find rest; When I was anxious, you calmed all my fears. Now enter into the home of my Father.
- 4. When I was little, you taught me to read; When I was lonely, you gave me your love. Now enter into the home of my Father.

I will share the things I have. I will not hold on to things I do not need but which others might need.

#### 94. WE RESPOND TO THE NEEDS OF OTHERS

<u>-We</u> say: Our neighbours are those who.....

Read the story in Luke 10:25-37

<u>-Jesus</u> says: Our neighbours are those who.....

Jesus tells us that we must become neighbours to those men and women who suffer and need our help. When anyone suffers and we know



about their hardship, we become their neighbour and so we have the duty to help them.

#### Song:

- 1. When I needed a neighbour, were you there, were you there? When I needed a neighbour, were you there? And the creed and the colour and the name won't matter, were you there?
- 2. I was hungry and thirsty.....
- 3. I was cold, I was naked....
- 4. When I needed a shelter.....
- 5. When I needed a healer .....
- 6. When they put me in prison....
- 7. Wherever you travel, I'll be there,...

When I read or hear about disasters I will respond as a Christian. Sometimes I cannot help with material things, but I can always help with my prayer.

# 95. BY OUR WORK, WE ARE ABLE TO LOOK AFTER OURSELVES AND HELP OTHERS.

"Work is a duty: Work honours God's gifts and the talents received from him. Everyone, from work they do, should be able to provide for their lives and that of their families, and also help others.



"While we were with you, we used to tell you, 'whoever refuses to work is not allowed to eat.' We say this because we hear that there are some people among you who live lazy lives and who do nothing except meddle in other people's affairs. In the name of the Lord Jesus Christ we command these people and warn them to lead orderly lives and work to earn their own living." 2 Thes 3:10-12

St. Paul preached to the Christians of his time and also says to us; God does not want us to be lazy. God gives us our mind and different talents so that we can work, look after ourselves and help others who are in need.

"Whoever refuses to work is not allowed to eat."

2 Thes 3:10b

### 96. JESUS SPENT TIME WITH THE FATHER IN PRAYER

"But the news about Jesus spread all the more widely, and crowds of people came to hear him and be healed from their diseases. But he would go away to lonely places, and pray there." Luke:5:15-16

Jesus' prayer shows us how to pray. Jesus often prayed alone and in secret. By prayer Jesus showed his love for the Father and his confidence in being heard.

Jesus was very busy, but he always found time to be with his Father. He often went to lonely places to be with his Father in prayer.

He wanted to do his Father's will.



"At that time Jesus went up a hill and spent the whole night there praying to God."

Each day I will set some time aside for prayer.

### 97. JESUS TAKES OUR PRAYERS TO GOD THE FATHER

So Jesus is able, now and always, to save those who come to God through him, because he lives forever and to plead with God for them." (Heb. 7:25)

"Through Him, with Him, and in Him, all glory and honour is yours, Almighty Father, for ever and ever." Jesus is the Son of God who became man and walked on this earth. He knew all the joys, sufferings and problems people face. When he returned to heaven, he did not forget us. He is very close to us and he takes our prayers to God the Father. God will hear our prayers. When we pray in the name of Jesus, we follow the will and mind of Jesus. God the Father loves Jesus His Son very much, so he accepts our prayers when we pray in the name of Jesus.



"We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, forever and ever."

Whatever request I have I will make in the name of Jesus.

## 98. PRAYER DEEPENS OUR RELATIONSHIP WITH GOD



Rev 3:20

"Listen, I stand at the door and knock; if any hear my voice and open the door, I will come into their house and eat with them, and they will eat with me."

God, The Father loves us so much that He wants to bring us closer to Him. That is why God calls us to pray. When we pray, we become more aware that God is with us, looks at us and loves us. We become one with God and He strengthens us to follow his will.

God first loves us and stays with us. We respond to God's love when we spend time with him in prayer.

When we come to God in prayer we do not have to worry about what to say. We do not have to be afraid or ashamed, No! We look at God and say to Him, "You are good

and you are my God, You love me and I love you. You want to be with me and I want to be with you."

Song: Be still and know that I am God. (3x)

Every day I will set a time to be with God in prayer.

#### 99. WE MUST PRAY EVERY DAY

"Then Jesus told his disciples a parable to teach them that they should always pray and never become discouraged. In a certain town there was a judge who neither feared God nor respected people. And there was a widow in that same town who kept coming to him and pleading for her rights, saying, 'Help me against my opponent!' For a long time the judge refused to act, but at last he said to himself, 'Even though I don't fear God or respect people, yet because of all the trouble this widow is giving me, I will see to it that she gets her rights. If I don't, she will keep on coming and finally wear me out." And the Lord continued, "Listen to what that corrupt judge said. Now, will God not judge in favour of his own people who cry to him day and night for help? Will he be slow to help them? I tell you, he will judge in their favour and do it quickly. But will the Son of Man find faith on earth when he comes?" Lk 18:18



Jesus said, we must pray always and not give up.
When we give up praying it shows

that we do not believe. If we believe in God the good Father we will follow Jesus and talk to God, praise and thank him and ask for what we need.

We have learnt some prayers to pray every day. When we say these prayers we are remembering God our Father.

#### 100. THE SEASON OF LENT



On Ash Wednesday we receive ashes on our foreheads. These ashes come from the blessed palms of last year's Palm Sunday. We put ashes on our foreheads because we realize that we were not faithful to our promises. By prayer, doing penance and sharing

we show that we are sorry and want to change.

Lent lasts six weeks. It is a time to prepare for Easter.

The 40 days of Lent are a time of reflection. Lent is also a time of instruction. Faith needs to grow. To grow in faith we need to listen to God and to others.

Lent is a time for **special prayer** and **penance** and **sharing** with others.

Lent is a time when we think about the sufferings and death of Jesus.

Lent is a time of preparation for Baptism on Easter Night. It is a time when we renew our baptismal promises.

Lent is a time of grace for us.



"No more lying then! Each of you must tell the truth to the other believers, because we are all members together in the body of Christ. If you become angry, do not let your anger lead you into sin, and do not stay angry all day. Don't give the Devil a chance. If you used to rob you must stop robbing and start working, in order to earn an honest living for yourself and to be able to help the poor. Do not use harmful words, but only helpful words, the kind that build up and provide what is needed, so that what you say will do good to those who hear you. And do not make God's Holy Spirit sad; for the Spirit is God's mark of ownership on you, a guarantee that the Day will come when God will set you free. Get rid of all bitterness, passion, and anger. No more shouting or insults, no more hateful feelings of any sort. Instead, be kind and tenderhearted to one another, and forgive one another, as God has forgiven you through Christ." Eph. 4:25-32

#### 101. THE STATIONS OF THE CROSS

Song: "This is how we know what love is. Jesus Christ has died for us"

#### Response at each Station:

Teacher: We adore you o Christ and we bless you.

All: Because by your holy cross you have redeemed the world.

#### 1 st Station: Jesus is brought before Pilate.

Teacher: We adore you o Christ and we bless you.

All: Because by your holy cross you have redeemed the world.

Teacher: Pilate tries to free Jesus but the people call out: "Crucify Him!

Crucify Him!"

(Short silence or spontaneous response at each station)

#### 2nd Station\* Jesus carries His Cross.

Teacher: The soldiers give Jesus a heavy cross to carry up the hill to Calvary.

#### 3rd Station: Jesus falls the first time.

Teacher: The Cross is so heavy Jesus falls to the ground.

#### 4th Station: Jesus meets His Mother.

Teacher: Jesus' mother, Mary, comes to meet Him on the road and follows Him up the hill to Calvary.

#### 5th Station: Simon of Cyrene helps Jesus to carry his cross.

Teacher: The soldiers call Simon and make him help Jesus carry his Cross.

#### 6th Station: Veronica wipes the face of Jesus

Teacher: Veronica is very brave in front of everyone. She comes up to Jesus and wipes his face.

#### 7th Station: Jesus falls the second time.

Teacher. Jesus is getting tired and weak. The Cross is so heavy, he falls again the second time.

#### 8th Station: Some women cry for Jesus.

Teacher. Some women cry when they see how much Jesus is suffering.

#### 9th Station: Jesus falls the third time.

Teacher: Jesus is almost to the top of the hill. He is so weak. He falls again with the heavy cross on top of him.

#### 10th Station: Jesus is stripped of his clothes.

Teacher: When Jesus reaches the top of Mount Calvary, the soldiers pull off his clothes and lay him on the cross.

#### 11th Station: Jesus is nailed to the Cross.

Teacher. The soldiers take a hammer and nails and nail Jesus' hands and feet to the cross.

#### 12th Station: Jesus dies on the Cross.

Teacher. Jesus has suffered so much, His body is bleeding and paining. He prays to His Father. Then he bows his head and dies. (Sing song)

#### 13th Station: Jesus is taken down from the Cross.

Teacher: Two of Jesus' friends take his body down from the Cross and give it to his mother.

#### 14th Station: Jesus is laid in the tomb.

Teacher: Jesus' body is wrapped in a cloth. His friends carry him to the tomb, then they close the tomb with a big stone.

Song: This is how we know what love is. Jesus Christ has died for us.

#### 102. PASSION SUNDAY (PALM SUNDAY)

On Palm Sunday Christians celebrate the entrance of Jesus into Jerusalem to complete his work as our Messiah: to suffer, to die and to rise again. The triumphal entry emphasizes that the three elements: suffering, death and resurrection belong together.

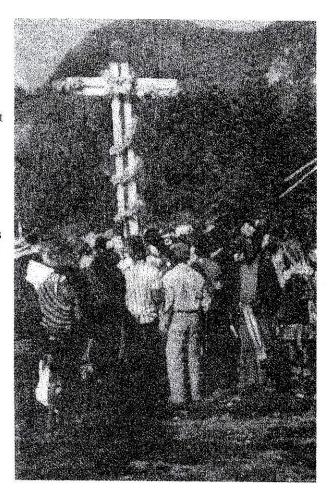
The people assemble for a procession holding palm branches. The priest blesses the branches. Then the story of the Lord's entrance into Jerusalem is read.

Jesus is the Son of David, the Messiah sent by God to establish the Kingdom of God.

Jesus, a humble and peaceful king, rode on a donkey.

In the procession on Palm Sunday we honour Jesus as King.

**Song**: Hosanna (Sr. Duchesne Lavin)



- 1. The Jewish people cheered for Jesus, when he came into their city, They said they wanted him for King, but his heart was full of pity.

  Hosanna for the Son of David, Hosanna for our King Hosanna for the Son of David, To him they shout and sing.
- 2. The people spread their coats for Jesus, waved the branches from the palm trees, They really made a fuss for him when he rode into the city.

  Hosanna for the Son of David, Hosanna for our King

  Hosanna for the Son of David, To him they shout and sing.

#### 103. HOLY THURSDAY

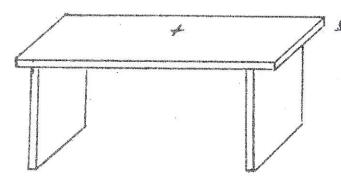


### Jesus praying in the garden.

The prayer of Jesus in the garden teaches us what Christian prayer really is: "My Father, if this cup of suffering cannot be taken away unless I drink it, your will be done."

On Holy Thursday night, when Jesus was praying, he wanted His friends to stay awake, pray and comfort Him.

On Holy Thursday afternoon, after Mass, the altar is stripped. All the cloths are taken away, the tabernacle is left empty. This is to show that Jesus was left all alone and stripped of his dignity.

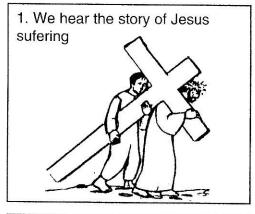


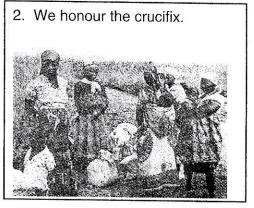
The Blessed Sacrament is transferred to another place where there is adoration till midnight. This is an invitation to be with Jesus as he prays in the garden.

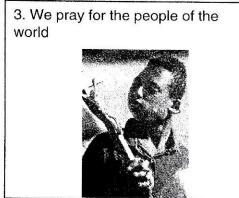
#### 104. GOOD FRIDAY

On the first Good Friday Jesus suffered and died on the cross. On every Good Friday we think of all His sufferings and His death on the cross.

#### THE FOUR PARTS OF THE GOOD FRIDAY LITURGY









Song: O Jesus Crucified, for us you suffered, for us you died on the Cross!

- 1. How can we pass by and not care? It was our sins that nailed him there on the Cross.
- 2. See the crowd unpitying stare: "Forgive them, Father," is his prayer on the Cross.
- 3. Thorns the only crown he must wear; thirst and wounds our King must bear on the Cross.
- 4. See our high priest makes his great prayer; himself the victim bleeding bare, on the Cross.
- 5. Let our lives, by giving, declare: Amen, amen to that great prayer on the Cross.
- 6. May we die to sin and so share the triumph he enacted there on the Cross.

#### 105. EASTER VIGIL

Easter is not just one feast among others, but the "Feast of Feasts". On this day we celebrate Jesus' Glorious Resurrection.

#### LITURGY OF THE EASTER VIGIL.

We remember the resurrection of Jesus in a beautiful celebration which is held during the night and is called **Easter Vigil**. This begins with the blessing of the Easter Fire.

#### I. THE SERVICE OF LIGHT:

The priest lights the Easter candle from the blessed fire. He decorates the candle as he says:

- Christ yesterday and today
- > the beginning and the end
- Alpha
- > and Omega
- > all time belongs to him
- and all ages.
- > To him be glory and power
- > through every age and forever. Amen.

As the priest walks from the fire to the altar in the church he stops three times, lifts up the candle and sings: **Christ Our Light.** All answer: **Thanks Be To God.** 

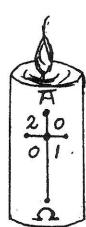
Each of us then lights a small candle from the Easter candle, for we shall share in the new life of Jesus. **Song:** *The light of Christ has come into the world.* 





In the second part of the Easter Vigil we read from the Bible.

Because the Resurrection of Jesus is such a special event, we have more readings that tell us the wonderful story of God's love from the beginning of Creation to Jesus' Resurrection.



#### III. THE LITURGY OF BAPTISM:

Those who have been prepared for Baptism are baptized and we all renew our baptismal promises.

Priest: Do you reject Satan?

All: Ido...

Priest: And all his works?

All: I do.

Priest: And all his empty promises?

All: Ido.

Priest: Do you believe in God the Father almighty, creator of heaven and

earth?

All: I do.

Priest: Do you believe in Jesus Christ his only Son, our Lord, who was

born of the Virgin Mary, was crucified, died and was buried, rose from the dead and is now seated at the right hand of the Father?

All: I do.

Priest: Do you believe in the Holy Spirit, the holy Catholic Church, the

communion of saints, the forgiveness of sins, the resurrection of

the body, and life everlasting?

All: I do.

## IV. THE LITURGY OF THE EUCHARIST.

After renewing he Baptismal promises, we continue Mass to give thanks to God our Father for the death and resurrection of Jesus.

The Easter Vigil is the most beautiful service of our Liturgical Year. It helps us understand the meaning of death (darkness) and resurrection (Light) of Our Risen Lord.

Prayer: God our Father, through the resurrection of Jesus you have filled the whole world with new hope and joy. Fill our hearts with that Easter joy and help us to share it with all those who have not heard the Good News, We ask this through Christ our Lord. Amen.

Song: Alleluia, alleluia, alleluia

# 106. THE ASCENSION



The feast of Ascension celebrates the mystery of Jesus going to heaven



Jesus Christ, the head of the Church, goes before us into the Father's glorious kingdom so that we, the members of his Body, may live in the hope of one day being with him for ever.

The cloud is a sign that Jesus is now with the Father. Jesus, the Son of God who became man, is now in his human body with the Father.

"A cloud hid him from their sight."

"I am ascending to my Father and your Father, to my God and your God." John 20:17b

Prayer: Jesus, you have gone to be with the Father in heaven. We hope that one day we will be with you in heaven.

Help us to live so that one day we can be with you forever.

My goal is to live with Jesus forever.

# 107. PENTECOST

"When the day of Pentecost came, all the believers were gathered together in one place. Suddenly there was a noise from the sky which sounded like a strong wind blowing, and it filled the whole house where they were sitting. Then they saw what looked like tongues of fire which spread out and touched each person there. They were all filled with the Holy Spirit and began to talk in other languages, as the Spirit enabled them to speak." – "Then Peter stood up with the other eleven and in a loud voice began to speak to the crowd: 'Fellow Jews and all of you who live in Jerusalem, listen to me and let me tell you what this means......" Acts: 2:1-4; 14

Through the power of the Holy Spirit a great change took place within the apostles.

Through the same Holy Spirit a great change can take place within us.

What the Holy Spirit did in the apostles and in the first Christians, he now wants to do in us, especially as we celebrate the feast of Pentecost.

"The Spirit that God has given us does not make us timid; instead, his Spirit fills us with power, love, and self-control." 2Tim 1:7

**Song:** O breathe on me breath of God, fill me with life anew



that I may love the things you love and do what you would do. O breathe on me, Breath of God until my heart is pure; until with you I have one will to live and to endure.

I will often pray, "Come Holy Spirit, I need you."

#### 109. CORPUS CHRISTI

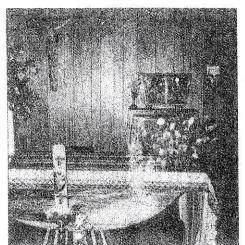
Corpus Christi means BODY OF CHRIST.

To thank Jesus and to honour Him in the Holy Eucharist, the Church celebrates the feast of The Body and Blood of Christ (Corpus Christi).

On this day, many parishes make a procession to honour Jesus who is present in the Blessed Sacrament.

The priest carries the Blessed Sacrament in a monstrance through the streets and the people follow, praying and singing. People decorate their houses and children throw flowers on the roads to show their faith in Jesus and their joy that Jesus is among them.





We express our faith in the real presence of Christ in the Eucharist in many ways. We genuflect or bow deeply, light candles, put flowers and use incense as a sign of adoration of the Lord.

Jesus awaits us in this Sacrament of love. Let us go to meet him in adoration.

**SONG:** Down in adoration falling, this great Sacrament we hail; ancient types have long departed, newer rites of grace prevail; faith for all defects supplying where the feeble senses fail. Glory let us give and blessing, to the Father and the Son, honour might and praise addressing while eternal ages run; equal praise to him confessing who proceeds from both as one. Amen.

## 110. ASSUMPTION

"The Blessed Virgin Mary, when the course of her earthly life was completed, was taken up body and soul into the glory of heaven, where she already shares in the glory of her Son's Resurrection."



"I am the Lord's servant," said Mary, "may it happen to me as you have said." Lk 1:38

She gave birth to her first son wrapped him in strips of cloth and laid him in a manger – there was no room for them to stay in the inn." Lk 2:7

Jesus' mother then told the servants, "Do whatever he tells you." Jn 2:5,

"Standing close to Jesus' cross were his mother, his mother's sister, Mary the wife of Clopas, and Mary Magdalene. Jesus saw his mother and the disciple he loved standing there; so he said to his mother, "He is your son." Then he said to the disciple, "She is your mother." From that time the disciple took her to live in his home. Jn 19:25-27

"They gathered frequently to pray as a group, together with the women and with Mary the mother of Jesus and with the brothers." Acts 1:14

Mary is the example of a true believer.

Mary did everything that was pleasing to God. That is why Jesus, the Son of God, her Son, honoured her by taking her to heaven in her body. One day, we too, like Mary, will be with God forever.

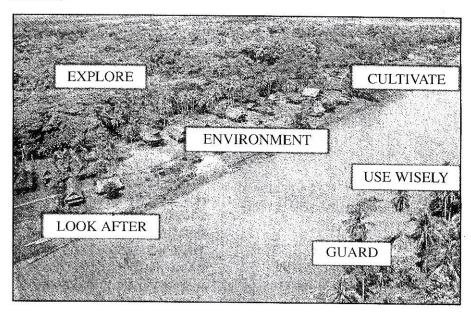
Hail, holy Queen, Mother of mercy; our life, our sweetness, and our hope. To you do we cry, poor banished children of Eve; to you do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, your eyes of mercy towards us; and after this our exile show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Like Mary, I will try to please God in all I do.

# 111. GODS' CREATION - 'ENVIRONMENT'

Lessons 13-17

"Then the Lord God placed the man in the garden of Eden to cultivate it and guard it." **Gen 2:15** 



#### Song:

O Lord my God, when I in awesome wonder consider all the works your hands have made. I see the stars, I hear the mighty thunder, your power throughout the universe displayed. [:Then sings my soul, my saviour, God to you, how great you are, how great you are.:] (2x) When through the woods and forest glades I wander, and hear the birds sing sweetly in the trees. When I look down from lofty mountain grandeur, and hear the brook and feel the gentle breeze. Then sings my soul......

Knowing that God wants me to cultivate and guard the environment, what can 7 do?

# 113. INDEPENDENCE DAY

"You were called to be free. But do not let this freedom become an excuse for letting your physical desires control you. Instead, let love make you serve one another. For the whole Law is summed up in one commandment: "Love your neighbour as you love yourself." But if you act like wild animals, hurting and harming each other, then watch out, or you will completely destroy one another." Gal 5:13-15

Freedom is the power to act or not to act. Our actions are our own responsibility.

As long as we do not do God's will, there is the possibility of choosing evil, of sinning.

The more we do what is good, the freer we become. To disobey and do evil is an abuse of freedom and leads to the slavery of sin.

Freedom makes us responsible for what we do.



## NATIONAL PLEDGE:

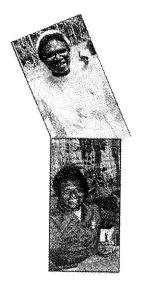
We, the people of Papua New Guinea, pledge ourselves, united in One Nation.

We pay homage to our cultural heritage, the source of our strength.
We pledge to build a democratic society based on justice, equality, respect and prosperity for our people.
We pledge to stand together as One People, One Nation,

#### ONE PNG:

In our land of a thousand tongues, brothers and sisters old and young, unite our spirits so we speak as one. We have to learn to live together side by side, we have to learn to give each other dignity and pride, the strength to be one people, one nation, one country For you and me now together as one, one people. All of us now standing as one, one nation Sharing our land united as one, one country In our land of a thousand tongues, brothers and sisters, old and young Unite our heart so we feel as one. the time has come to stand together, side by side. The time has come to pray together and God will be our guide. Unite to be one people, one nation, one country; PNG.

#### 114. VOCATION SUNDAY





People are called by God to live a particular form of life. This is their vocation. Most are called to married life, others are called to be priests or religious (Brothers or Sisters), and yet others remain in the single life.

- Priests are chosen from among God's people to continue Jesus' work of service
- Men and women, as priests, brothers or sisters, join together in religious
   Congregations to do special work in the Church.

"Jesus called his twelve disciples together and gave them authority to drive out evil spirits and to heal every disease and every sickness. These are the names of the 12 apostles: first, Simon (called Peter) and his brother Andrew; James and his brother John, the sons of Zebedee; Philip and Bartholomew; Thomas and Matthew, the tax collector; James son of Alphaeus, and Thaddaeus; Simon the Patriot, and Judas Iscariot, who betrayed Jesus.

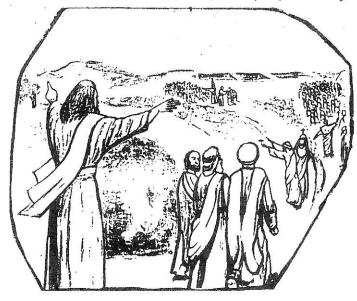
These twelve men were sent out by Jesus with the following instructions: Do not go to any Gentile (pagan) territory or any Samaritan towns. Instead, you are to go to those lost sheep, the people of Israel. Go and preach, the Kingdom of heaven is near! Heal the sick, bring the dead back to life, heal those who suffer from dreaded skin diseases, and drive out demons. You have received without paying, so give without being paid." Mt. 10:1-8

We are called to be disciples. Being a disciple means saying yes to what God wants of us. Maybe God wants us to be a <u>priest or a religious brother or sister</u>. Would you say yes to Jesus if he were to call you?

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## 115. MISSION SUNDAY

Jesus drew near and said to them, "I have been given all authority in heaven and on earth. Go, then, to all peoples everywhere and make them



my disciples: baptize them in the name of the Father, the Son. and the Holy Spirit, and teach them to obey everything I have commanded you. And I will be with you always, to the end of the age." Mt 28:18-20 Jesus said to make everyone his disciples. We are fortunate that the Good News has come to us and made us disciples of Jesus. Therefore

we must remember: Those who have received Jesus' words must

share in the Mission of the Church so that all people throughout the world will receive the Good News of Jesus.

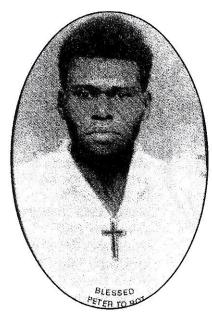
Every year, on Mission Sunday, the Church tells her members that the big work that Jesus gave us is yet to be completed. Some people have not heard the Good News about Jesus, that is why all of us must work together and support the Mission of the Church to bring the Good News to those peoples and countries.



Pray for boys and girls to have the courage to become missionaries when Jesus calls them.

On Mission Sunday I will pray for the Missionaries. I will also give some money to support the work of the Missions.

# 116. SCHOOL PATRON FEAST



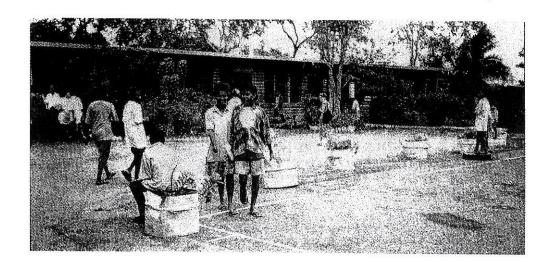
The patron of a school is a model of charity. He/she prays for us.

A church or school named after a saint, celebrates his/her feast day every year.

A patron has the special responsibility to care for, protect and provide for those who choose him/her for patron. We choose a saint to be the patron of a school to look after that school.

Some schools are dedicated to the Trinity or one person of the Trinity or have the name of a symbol (Holy Cross, Rosary etc.)

# St.....pray for our school.



### 117. ADVENT

When the Church celebrates the liturgy of Advent each year, she remembers and makes present people's waiting for the Messiah. By sharing in the long preparation for the Saviour's first coming, we renew our longing for his second coming.

"This is the Good News about Jesus Christ, the son of God. It began as the prophet Isaiah had written: God said, 'I will send my messenger ahead of you to clear the way for you.' Someone is shouting in the desert, 'Get the road ready for the Lord; make a straight path for him to travel." " So John appeared in the desert, baptizing and preaching, "Turn away from your sins and be baptized," he told the people, "and God will forgive your sins." Many people.....went out to hear John. They confessed their sins, and he baptized them in the Jordan River." Mk 1:1-5





There are four Sundays in Advent. Each Sunday we light a candle to remind us that Jesus, the light of the world is coming soon.

Memorize:
Advent is the time to prepare for the coming of Jesus.

**Song:** Behold a virgin bearing him, who comes to save us from our sin. The prophets cry: prepare his way! Make straight his paths to Christmas Day. Behold our hope and life and light, the promise of the holy night; we lift our prayer and bend our knee to his great love and majesty.

#### 118. CHRISTMAS

To become "children of God" we must be "born from above" or "born of God". Only when Christ is formed in us will the mystery of Christmas be fulfilled in us."

"This was how the birth of Jesus Christ took place. His mother Mary was engaged to Joseph, but before they were married, she found out that she was going to have a baby by the Holy Spirit. Joseph was a man who always did what was right, but he did not want to disgrace Mary publicly; so he made plans to break off the engagement privately. While he was thinking about this, an angel of the Lord appeared to him in a dream and said, "Joseph, descendant of David, do not be afraid to take Mary to be your wife. For it is by the Holy Spirit that she has conceived. She will have a son and you will name him Jesus – because he will save his people from their sins."

Now all this happened in order to make what the Lord had said through the prophet come true: "A virgin will become pregnant and have a son, and he will be called immanue!" (which means, "God is with us").

So when Joseph woke up, he married Mary, as the angel of the Lord had told him to. But he had no sexual relations with her before she gave birth to her son. And Joseph named him Jesus." Mt. 1:18-24

The most personal thing we possess is our name. It says that we belong to a particular family. It is what our family and friends call us and it is the way people speak about us.

Jesus' name did the same thing for him. It identified Jesus as belonging to the family of David. It was what his friends called him and how they spoke of him. It revealed something special about Jesus. The name Jesus means "God saves". It was given to Jesus before he was born. Mt. 1:21.

The name Jesus also shows that he has a special mission from God.

# JESUS

At Christmas we remember and thank God for the special gift Jesus is to us, so we also give gifts to others to share God's love with them.

Song: A child is born for us today, alleluia. He is our Saviour and our God, alleluia.

- 1. Let our hearts resound with joy and sing a song of gladness, for the Lord, our brother, is come and we are redeemed.
- Tell the world of our Good News: Jesus, the Christ, is among us. And his presence we celebrate offering peace and our joy to all.
- 3. Christ is born, the Christ has come, Sing everyone: Alleluia! Caught in wonder at his birth, we worship God become man for us.
- 4. Glory to God, born today of the Virgin Mary, in a cave in Bethlehem: Is there room in our lives for him?
- His name shall be Emmanuel: God who lives among us.
   Angels sing and shepherds cry: Born is the Saviour, Our Lord.

# 119. EPIPHANY

On the feast of the Epiphany we celebrate the manifestation of Christ the newborn King, to the magi (the three wise men from the East). This day Christ appeared to the world as a light shining in the darkness. May you follow him in faith and be a light to others.

How can you be a light to others?



"THE WORD BECAME A HUMAN BEING AND, FULL OF GRACE AND TRUTH, LIVED AMONG US." Jn 1:14a

**Song**: Now there appeared a brilliant star, which led the Wise Men from afar. They came and kneeling down adored and offered gifts to Christ the Lord.

(Sr. M. Duchesne Lavin)

# PRAYERS

#### THE SIGN OF THE CROSS

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

#### THE LORD'S PRAYER

Our Father who art in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.. Amen.

#### THE HAIL MARY

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

#### THE APOSTLES' CREED

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried, he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

#### GLORY BE...

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

#### I CONFESS

I confess to almighty God, and to you, my brothers and sisters, that I have sinned through my own fault, in my thoughts and in my words, in what I have done and in what I have failed to do; and I ask blessed Mary, ever virgin, all the angels and saints, and you my brothers and sisters, to pray for me to the Lord our God.

#### **ACT OF SORROW**

O my God, I am very sorry that I have sinned against you, because you are so good, and with your help I will try not to sin again. Amen.

#### FAITH, HOPE, LOVE

- \* O my God, I believe in you, increase my faith.
- \* O my God, I hope in you, strengthen my hope.
- \* O my God, I love you above all things. Teach me to love you more and more. Amen.

#### BEFORE EATING

Bless us, O Lord, and these gifts which in your goodness we are about to receive, through Christ our Lord. Amen.

#### AFTER EATING

Thank you, God, for the food you have given us and for all the gifts we receive through Jesus Christ our Lord. Amen

#### MORNING PRAYER

O God my Father, I thank you for looking after me during the night and for giving me another day. - I give you myself and all I do. Mary, my mother, help me to love God today. Amen.

#### NIGHT PRAYER

O God my Father, before I go to sleep tonight, I thank you for all the things you have given me today.

I am sorry for not having done what you wanted me to do. May your angels watch over me and Mary, my mother, be near me. Amen.

#### **GUARDIAN ANGEL**

Angel of God, my guardian dear, to whom God's love entrusts me here. Ever this day, be at my side, to light and guard, to rule and guide. Amen.

#### **FATIMA PRAYER**

O Jesus, forgive us our sins, save us from the fire of hell, bring all souls to heaven, especially those who most need your mercy.

#### HAIL HOLY QUEEN

Hail, holy Queen, Mother of mercy; our life, our sweetness, and our hope. To you do we cry, poor banished children of Eve; to you do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, your eyes of mercy towards us; and after this our exile show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.

#### ROSARY

#### The Joyful Mysteries:

- 1. The Annunciation.
- 2. The Visitation
- 3. The Birth of Jesus
- 4. The Presentation
- 5. The Finding of Jesus in the Temple

#### The Sorrowful Mysteries:

- 1. The Agony in the Garden
- 2. The Scourging at the Pillar
- 3. The Crowning with Thorns
- 4. The Carrying of the Cross
- 5. The Crucifixion

#### The Glorious Mysteries

- 1. The Resurrection
- 2. The Ascension
- 3. The Coming of the Holy Spirit
- 4. The Assumption of Our Lady into Heaven
- 5. The Crowning of Mary

#### THE ANGELUS

L. The Angel of the Lord declared unto Mary.

All:

And she conceived of the Holy Spirit. Hail Mary.....

Behold the handmaid of the Lord,

All:

Be it done unto me according to your word.

Hail Mary.....

L. The Word was made flesh

All:

And dwelt among us. Hail Mary.....

L. Pray for us, O holy Mother of God,

All:

That we may be made worthy of the promises of Christ.

#### L. Let us pray:

**All:** Pour forth, we beseech you, O Lord, your grace into our hearts, that we to whom the incarnation of Christ Your Son, was made known by the message of an angel, may, by His passion and cross, be brought to the glory of His resurrection. Through the same Christ our Lord. Amen.

#### MASS PRAYERS

#### Offertory:

May the Lord accept the sacrifice at your hands for the praise and glory of God's name, for our good, and the good of all the church.

#### Holy:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of Your glory. Hosanna in the highest. Blessed is He who comes in the name of the Lord. Hosanna in the highest.

#### Lamb of God

Lamb of God, you take away the sin of the world, have mercy on us. (2x) Lamb of God, you take away the sin of the world, grant us peace.

#### Lord, I am not worthy:

Lord, I am not worthy to receive you, but only say the word and I shall be healed.

## PRAYER TO THE HOLY SPIRIT

Come Holy Spirit, fill the hearts of your faithful, and kindle in them the fire of your love.

Send forth your Spirit, and they shall be created. And you shall renew the face of the earth.

Let us pray:

O God, You have taught the hearts of the faithful by the light of the Holy Spirit, grant us by the same Spirit to be truly wise amd ever to rejoice in his consolation. Through Christ our Lord. Amen.

#### THE TEN COMMANDMENTS:

- 1. I am the Lord your God: you shall not have strange gods before me.
- 2. You shall not take the name of the Lord your God in vain.
- 3. Remember to keep holy the Lord's day.
- 4. Honour your father and mother.
- 5. You shall not kill.
- 6. You shall not commit adultary.
- 7. You shall not steal.
- 8. You shall not bear false witness against your neigbour.
- 9. You shall not covet you neighbour's wife.
- 10. You shall not covet your neighbour's goods.

#### THE MAIN LAWS OF THE CHURCH

- 1. To attend Mass on Sundays and Holy Days of obligation.
- 2. To observe the laws of fasting.
- 3. To confess our sins at least once a year.
- 4. To receive Holy Communion at Easter time.
- 5. To support the Church
- 6. To observe the marriage laws of the Church.